# The QUEST Newsletter





Excellence • Achievement • Love • Happiness

Vol. 1

Issue 2

November 2015-March 2016

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## Principal's Message



Gratitude, thankfulness, gratefulness, or appreciation is a feeling or an attitude in acknowledgment of a benefit that one has received or will receive. To change our life fast, most people use gratitude to shift their energy and when they put all their energy into gratitude, they see miracles taking place in their lives. To understand the power and the magic of gratitude, we have to experience it for ourselves. Hence it is very important for us to be grateful for

hundreds and thousands of benefits that we receive every day, month or year. If we practice gratitude every day in our lives, it won't take long before it becomes our natural state of being and when that happens we will have unlocked one of the greatest secrets to life.

The academic year 2015-16 has come to an end. We have received innumerable gifts and benefits from the Lord, from our school, from our family members, from our teachers, friends, colleagues, etc.. We have every reason to appreciate, to be thankful and grateful to all of them for they have in one way or the other helped us to grow and develop.

I take this opportunity to thank God for all the blessings he has showered on all through the year and all of you-parents, teachers, other staff members, workers, our well-wishers and benefactors-for your understanding, support, dedicated and committed service in our joint efforts to impart quality Montfortian education to our students.

Children are our priority and focus of attention for they are the future of their families, the society and the nation. The quality of our nation will very much depend on the type of vision, attitude, habits, and the values that we help them to inculcate for themselves during their formative years in the school. By organizing different curricular and co-curricular activities, regular follow-up and guidance by our dedicated teachers and staff members, Montfort School is making all efforts to train up our young minds to become worthy mature citizens of our country. I appreciate and thank all our children for their co-operation and sincere efforts to achieve these goals and objectives.

The publication of the Newsletter is one of the many activities in the school to encourage and train up our children with a capacity, a strategy, and a process to be really creative people. They need to develop this capability that should become an intimate part of their daily lives and their personalities. The Newsletter is also an effective means of communication with the parents, students and all concerned.

I thank all the students and teachers who have taken the trouble to prepare this Newsletter and edit it. Thanks to one and all.

I wish everyone a very fruitful New Academic Year 2016-17.

Bro. Jose Thottiyil, Principal



## Editorial

Dear Readers,

Time certainly flies very fast. It was only this January that we introduced the first volume of our newsletter 'The

Quest'. And here we are again with the second issue to sum up the activities that took place in our school post Term - I. These activities are aimed at the holistic development of children and help them to achieve an edge over others.

In today's time, children face pressure from different corners... parents, teachers, friends, etc.. But the most arduous task of them all is the continuous and constant struggle within them to discover their identity and their worth. Therefore, it becomes imperative that there exists a strong bond between the children, their parents and the teachers. It's important for the students to realize that there are ups and downs in every relationship. However, the communication channel should always be left open. Positive environment creates a sense of security

and reduces symptoms of stress, anxiety and alienation.

Schools are the learning centres for the students where they are provided with opportunities to develop a strong sense of security and belonging. I am glad that Montfort School, Roorkee is continuously striving to enable children to master the skills necessary for adaptation to this ever changing world.

This Newsletter is a glimpse into the Montfortian world and is a collective effort of not only the members of the Editorial Board but also of fellow teachers and students.

It was indeed a pleasure putting together all the articles and reports of the second term and reminiscing the wonderful memories left behind.

Wishing you all a pleasant reading.

Deepali Bhatia Chief Editor



# Student Editorial

We are pleased to present to you the second edition of 'The Quest'- the biannual school newsletter. The first edition was appreciated by all. We got

many feedbacks. Good feedback is the key to improvement. Taking all the feedbacks optimistically, we have tried to inculcate all the required changes. We received many articles, poems and paintings this time. They all were quite impressive and the efforts of each and every student was appreciable. We were fascinated by the wide imagination of the students. Every student in Montfort school is an artist in one way or the other. Some have a good hand in literature, while some are budding poets and aspiring painters. But, we cannot include everyone's contribution in a single newsletter. So, we have selected the 'best of the best', and believe me, it was

really a very difficult task. Do not be disheartened if your article has not been selected. Think positively and take this as a challenge. Do not allow negative experiences to make you bitter, they should make you wiser. No matter, how many mistakes you make or how slow your progress is, you are still way ahead of those who are not trying.

'The Quest' is truly, a cumulative effort of all the students and the teachers. We have tried our best to make this issue really an interesting one. Hope you like it!

Happy Reading!!

Risha Kulshrestha XI 'B'

#### INITIATIVES

Taking A Step Further

#### MONTFORT GYMNASIUM

'To achieve something you've never had before, you must do something you've never done before'.

One of the objectives of Montfortian education is the development of a sound body, mind and spirit. There is a common saying that 'a sound mind resides in a sound body'. Montfort School, Roorkee constructed a gymnasium keeping this objective in mind. The gymnasium houses the latest equipment like treadmills, presses, exercise bikes, cardio-equipment, strength equipment etc. The gym will be accessible to both students and teachers at specified hours. A nominal fee will be charged towards membership.



#### LITTLE KINGDOM

'All work and no play makes Jack a dull boy'.

An activity room is being constructed in the kindergarten park to provide ample space for dance and music activities for the KG students. This room is specially dedicated to the KG section apart from the currently used garden stage and the stage in the primary section quadrangle.

#### COMMUNICATION PORTAL

One of the growing challenges of the modern world especially in the field of education, is to maintain communication between parents and the school. Montfort School, Roorkee has hired the services of Franciscan e- care services to bridge the communication gap. This portal, where parents, teachers and management will be in touch with each other 24x7, will cater to the needs of all the stakeholders involved in the growth and development of children.

#### **INTRA SCHOOL ACTIVITIES**

#### DIYA DECORATION ACTIVITY

Lights, diyas, sweets and celebrations are synonymous with Diwali- a festival much eagerly awaited and most fervently celebrated. To mark this festival, a Diya decoration activity was conducted in K.G. section on 4<sup>th</sup> November, 2015. Children brought diyas and decorated them beautifully.

#### ANNUAL SPORTS DAY-PRIMARY SECTION

There is a proverb 'Health is wealth' and this wealth of an individual is enriched by sports. Annual Sports Day offers an opportunity to students to embrace the benefits of sports. This year, Annual Sports Day for the students of classes I to V was observed in our school during 4th-6th November, 2015, through different sports activities to find out budding 'olympians'. The Sports Day was inaugurated on 4th November with a colourful cultural







event by the students of primary section in which Brother Principal declared the opening of the Sports Day. Different types of sports activities were performed and a few events were organized for the parents also. All the students and parents participated with full zeal and enthusiasm. The parents spent a fun filled evening and recollected their school days. Warm and affectionate



support and enduring commitment of parents made the Annual Sports Day a grand success. The competition ended on 6<sup>th</sup> November when Brother Principal declared the sports meet closed with the flag down ceremony. Mr. Mujeeb Malik was the chief guest of the Annual Sports Day.





#### SWACHH BHARAT ABHIYAN (Shram Daan)

A campaign for Swachh Bharat was organized in the school on 7<sup>th</sup> November, 2015, to inculcate the values of cleanliness among the young generation for clean India as well as to appreciate and protect the serene beauty of our surroundings. Three students from each section of classes III to V participated voluntarily to clean the school ground after the closing ceremony of the Annual Sports Day.



#### POSTER MAKING COMPETITION



To spread the message for Clean India, a poster making competition was organized in our school on 9<sup>th</sup> November, 2015. The main objective of this competition was to nourish the artistic and imaginative potential of the students, to create an appealing picture (poster) to enlighten the masses and to make them aware of the need for cleanliness in our society. Two students from each

section of classes III to V participated and showed their creativity.

#### INTER CLASS HINDI SKIT ACTIVITY

दिनांक 20 नवम्बर को विद्यालय के प्राईमरी प्रांगण में हिंदी लघु नाटिका क्रियात्मक गतिविधि का आयोजन किया गया। यह क्रियात्मक गतिविधि कक्षा 3 से 5 के लिए आयोजित की गई।

अधिकतर कक्षाओं में 3 तथा कई कक्षाओं में तीन से अधिक ग्रुप ने भाग लिया। सभी प्रतियोगियों को अपनी प्रतिभा दिखाने का सुनहरा अवसर प्राप्त हुआ। सभी कक्षाओं के लिए अलग – अलग निर्णायकों का प्रबन्ध किया गया जिन्होंने कक्षा में जाकर लघु-नाटिकाओं का आनंद लिया तथा उनमें से सर्वश्रेष्ठ का निर्णय लिया।

#### ENVIRONMENTAL WORKSHOP

Three teachers from Montfort School-Mrs. Jyoti Tiwari, Mrs. Sangeeta Gupta and Mrs. Anamika Mandal, attended an Environmental Workshop at K. L. Polytechnic College, Roorkee on 23<sup>rd</sup> November, 2015. This workshop was organized by Athak Foundation, Roorkee with the help of resource personnel from Ecoroots Foundations, New Delhi, to foster the building of strong relations between human and nature. This training session was also intended to increase the knowledge of participants on the methodological approaches for monitoring and follow up relating to environmental quality as well as sustainable management of natural resources.

#### INTER CLASS ENGLISH SKIT ACTIVITY

When class room teaching becomes monotonous, teaching through action and fun can work wonderfully. Skit has the power to teach everyone easily even the apparently difficult topics. An English Skit Activity was conducted on 28th November, 2015, for classes III to V in the Primary section. The purpose behind this activity was to make kids learn English through act and play, deliver dialogue with emotions as well as to see its impact on the audience. The participants showed their talent and good level of confidence.

#### SCIENCE SYMPOSIUM

Learning by doing is one of the most effective ways of learning. It encourages and compels the students to rethink on the basis of evidence and to get more insight on the matter. It also gives high satisfaction to the students and creates a spirit for practical learning. Science



Symposium for classes III to V was organized in the activity room on 2<sup>nd</sup> December, 2015, to develop scientific temperament among the students where the students displayed their model and explained it in a very presentable manner. The best performer was awarded and appreciated by our judges.

#### CHRISTMAS CARD MAKING -KG

Christmas is a wonderful time of the year when we celebrate faith and tradition of giving gifts. And what a better way to send warm wishes across to our loved ones than a hand made Christmas card. K.G. section organized Christmas card making competition on 3<sup>rd</sup> December, 2015, where children created beautiful cards under their teacher's supervision.

#### CHRISTMAS CARD MAKING-PRIMARY

Card making is a way to get crafty and make someone smile. Handmade card is more than a gift, which reflects the love and affection of the presenter. It is an art to make a card with powerful expression of emotions. To encourage the artistic sense of the students, Christmas card making competition was organized on 4<sup>th</sup> December, 2015, in which all the students of classes I to V participated actively and spread creative joy among the friends.



## INTER SCHOOL DANCE COMPETITION - KG

Dance is such an event in which kids and adults alike enjoy participating. An Inter school dance competition was organized by D.P.S, Haridwar on 12<sup>th</sup> December, 2015, for KG students under the category of group dance. Selected students from KG section took part in the competition and mesmerized the judges as well as the audience by their wonderful performance. They bagged the 2<sup>nd</sup> prize.

#### KITE MAKING COMPETITION-KG

A kite making competition was organized on 21<sup>st</sup> January, 2016, with an intention to develop and sharpen the creative potential of the students. It could also provide a play way method to learn more about shapes.

#### **MATHS ACTIVITY - PRIMARY SECTION**

Mathematics is the science that deals with the logic of shape, quantity and arrangement. To make the students understand the basics of Mathematics with fun, an activity was held in the school on 28th January, 2016. The topic for the students of classes I to III was 'Fun with Shapes' in which all the students took part and combined shapes and cutouts to create beautiful pictures enthusiastically. Students of each section of classes IV and V were divided into five groups and each group prepared different models like Beam Balance, Geoboard, Metric systems etc., using thermocol, cardboard and other materials of different shapes.



#### INTER CLASS DANCE ACTIVITY - KG

This activity was organised on 26<sup>th</sup> February, 2016. All the students from KG section under the able guidance of



their teachers, participated with vigour and enthusiasm on the theme 'Folk Dance'.

### **INTER SCHOOL ACTIVITIES**

#### SCHOOL QUIZ LEAGUE

School Quiz League-2015 was organized on 18<sup>th</sup> November, 2015, in Montfort School. Children participated in teams (2 students in each team) and attended a written Quiz in the first round.

The top short listed teams were invited for the city finale which was held at Rajwada Banquet Hall, Haridwar Road, Roorkee on 24<sup>th</sup> November, 2015. Montfortians were the winners in this round. Two students-Harshdeep Bhatia and Apoorv Jain won Gold Medals. The same team was further invited to 'IMS UNISON UNIVERSITY' for the state finale. The state finale was hosted by Mr. Charu Sharma, ACC commentator and Quiz master, on 27<sup>th</sup> November, 2015. In this round, Montfortians were the second runners up. This quiz provided an opportunity to the students to explore their general knowledge.

Mrs. Rashmi Gupta accompanied the students at Rajwada as well as at IMS UNIVERSITY.



#### SCOUTS AND GUIDES TRAINING CAMP

The Bharat Scouts and Guides is engaged in the task of developing the personality of the youth and channelizing their energies into the task of National resurgence. The Scouts and Guides are seen working with dedication and commitment to serve the community. Selected students from our school also attend various training camps through out the year. A seven day camp was organized at BSM Inter College, Roorkee for 'Trithiya Sopan'. A group of 29 Scouts and Guides (classes VIII-IX) participated in this camp.

#### **IIT-ROORKEE SCIENCE QUIZ**

February 28<sup>th</sup> is celebrated as National Science Day to commemorate Sir C.V. Raman's discovery of the 'Raman Effect'.

As part of the celebrations, premier institutions organize an open day where the laboratories are opened to the public.

Students of our school accompanied by Mrs. Supriya Daniel participated in the events organized by IIT, Roorkee.

Our team comprising of Yash Rastogi, Sibibalan Jeevanandam and Apoorv Jain stood first in the science quiz.

Students visited laboratories of the Biotechnology, Chemistry and Earth Science Department. The museum in the Earth Science Department was very educative. Their interaction with faculties of these departments helped broaden their understanding of science.

The event culminated in a highly illuminating talk given by Prof. Anil Kumar from IIT, Bombay, on Science and Magic.

#### CAREER GUIDANCE WORKSHOP

An educational workshop on Dream Career Opportunities was organized by Akash Institute, Dehradun for the students of class X on 15<sup>th</sup> February, 2016. The resource person was Mr. Bhupender Aujla, with vast experience in the field of education. He guided the students on the basic steps in choosing a career, the importance of choosing a mentor etc. Additional information about the current career opportunities in India, various premier institutes in the country in their respective fields etc., was also provided to the students. He also spoke in length to the students about the

necessity of choosing the career based on a person's aptitude and interest, and not solely on financial gains and prospects.

Mr. Bhupender also clarified the doubts of students who wished to know the procedures involved in choosing different careers. The session lasted for about one and a half hour and was a great learning experience for the students.

## **AWARDS & FUNCTIONS**

#### CHILDREN'S DAY CELEBRATIONS



To commemorate the birth anniversary of Pt. Jawahar Lal Nehru, also celebrated as Children's Day, teachers from primary and senior sections participated in speeches, dances, songs and various other programmes on 14<sup>th</sup> November, 2015.



#### **ANNUAL FUNCTION (IX-XI)**

The annual function of the senior section was held on 21<sup>st</sup> November, 2015. The programme was focused on the theme- 'India of my Dreams'. The Director of NIH, Dr. R.D. Singh, graced the occasion.

The cultural extravaganza put up by the students enthralled the audience and kept them spellbound. The english poem enactment of Vikram Seth's 'The Tale of



Melon City' and the dance performance of the Micfest team were truly remarkable. Social themes of cleanliness and importance planting trees were also highlighted.

The concept of Multiple Intelligence was interwoven in each performance. The intense practice and preparation culminated successfully in this spectacular cultural bonanza.





#### MONTFORT TERCENTENARY QUIZ

The year 2015-16 marks the 'Tercentenary Death Anniversary' of the founder of the Brothers of St. Gabriel- St. Montfort. To commemorate and celebrate this special occasion, a quiz competition was organized on the life of St. Montfort on 28th November, 2015, for classes VI to X. The participants for the final round were selected through a preliminary written test. The students were prompt in answering the questions. The quiz



competition helped in making children aware of the founder of their great institution. The winners were awarded with cash prizes. The following students were the winners.





## CELEBRATION OF BROTHER PRINCIPAL'S BIRTHDAY



Senior wing of Montfort School celebrated Brother Principal's birthday as the Principal's Day on 9<sup>th</sup> December, 2015. The students prepared a variety of programmes to express their gratitude and also presented gifts and cards to the Principal as their token of love. Birthday of Brother Principal was celebrated on 16<sup>th</sup>



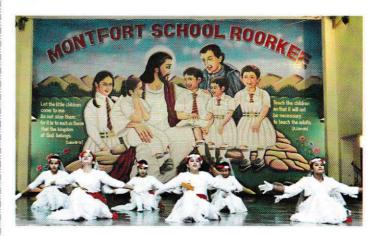
December, 2015, (his actual date of birth) in the primary section. A cultural programme of short duration was organized to wish Brother Principal. The Principal was deeply touched by the affection shown and whole-heartedly thanked the students for their love.



## CHRISTMAS CELEBRATION AND THANKSGIVING CEREMONY



Christmas is the festival of sharing, love and joy. It is celebrated with great pomp and show. A special programme was organized in the Primary wing on 22<sup>nd</sup> December, 2015, and on 24<sup>th</sup> December, 2015, by the senior wing, to celebrate this festival. The birth of Jesus Christ was celebrated with great devotion. Whatever



wealth/ progress we gain in our life is temporary and achieved from nature, the great creation of GOD. Thus, gratitude is the best policy of human being. The students presented colourful programmes and thanked



the Almighty for helping and guiding us for the completion of the successful year in the thanksgiving ceremony.

#### REPUBLIC DAY CELEBRATIONS



67<sup>th</sup> Republic Day of India was celebrated in Montfort School on 26<sup>th</sup> January, 2016. Due to the adverse weather, the students could not join the celebrations. But the members of the staff came together to hoist the national flag and to acknowledge the efforts of our forefathers who designed the India as we see it today. Bro. Jose said in his message that while being proud of the fact that we are the largest democracy in the world, the celebrations should go beyond the festivities and should make an impact in our day to day lives. Like the designers of the Constitution, we should also become trend setters.



## ST. LOUIS MARIE DE MONTFORT'S BIRTHDAY

St. Louis Marie De Montfort's Birthday was celebrated to pay homage to the holy Saint as well as to remember his contributions for the welfare of the society on 29<sup>th</sup>



January, 2016, in the senior section and on 30<sup>th</sup> January, 2016, in the primary section. The programme commenced with the welcome address of Brother Principal followed by various cultural activities starting with a prayer song. Students presented the life of St. Louis through different performances such as prayer



dances, speech, skit, quiz, devotional & fusion dances etc., and showed love and respect to the great soul. The enthralling performances of the students were dedicated to this special occasion.



#### **INAUGURATIONS**

To mark the 300<sup>th</sup> death anniversary of our founding father, St. Louis Marie De Montfort, celebrations are going on all over the world where Montfort Institutions are spread.

In the memory and honour of the great visionary, Montfort School, Roorkee inaugurated the Tercentenary Memorial of St. Montfort on 29<sup>th</sup> January, 2016. The magnificent statue erected in front of the school building is 10 feet tall and was formally inaugurated by Principal Bro. Jose Thottiyil amidst a huge gathering of parents, students, distinguished guests and staff.

Another addition to the Montfort infrastructure is the



Montfort Rink and the Grotto of Mother Mary which was inaugurated by the MLA, Roorkee - Mr. Pradeep Batra.



Realizing the importance of a healthy mind and a healthy body, a well equipped gymnasium was also inaugurated on the same day by Mr. Mujeeb Malik.

#### SCHOLARSHIPS AND AWARDS



Every child has an unlimited potential. Every child is gifted, bright, inquisitive and unique. But the hard work, sincerity, dedication and undeterred focus towards the goal makes only some of them reach the top.

Meritorious students were awarded scholarships and medals on 29<sup>th</sup> January, 2016, to honour their hard work, by Brother Principal and distinguished sponsors (for different scholarships).



#### **AWARDS** INSTITUTED BY WELL WISHERS

1. Academic Excellence in Class V (Sri Ganesh Jewellers)



Devansh Tyagi 98.33%



Tanvi Manhas 97.7%



Aditya Tiwari 98.23%

#### 2. Topper in English in Class V (Dr. P. Jeevanandam)



Rhythm Sachdeva 100%

#### 3. Academic Excellence in Class IV (Mrs. P. Chander)



Debrup Das 99.7%

#### 4. Class XII CBSE Board Exam Topper (Dr. Mukesh Jain)



Saksham Jain 96.8% (Science stream)

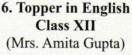


Rashi Singh 95%



Vancha Bansal 95%

5. Topper in Hindi Class XII (Mrs. Promila Sharma)



(Commerce stream) (Commerce stream)



Dakshina Asthana 97%



Vishesh Barjeev Tyagi 97%

#### 7. Appreciation Award For Class X (10 CGPA) (Mr. Mujeeb Malik)



Aditya Kumar



Apurv Jain



Arpit Goel



Pavleen Kaur



Roopal Mundepi



Sankait Bhatia



Vasu Tyagi



Kshitij Aggarwal



Risha Kulshreshtha



Rishabh Jain



Shivam Gambhir



Shreya Gulati



Gautami Batra



Nidhi Maheshwari



Manvi



Nandini Aggarwal



Tushar Tyagi



Vatsal Arora



Yash Rastogi

#### 8. Best Girl Mathematician in Class XII (Capt. Salil Shandilya)



Surbhi Bhatia 84%

#### 9. Farah Malik Scholarship (Girl student belonging to a minority community of any class) (Mr. Mujeeb Malik)



Edwina Pratap

#### 10. The Batra Award in Business Studies and Accountancy For Class XII (Mr. Pradeep Batra)



Rashi Singh Accountancy 95% B. Studies 95%



Vishesh Tyagi B. Studies 95%



Vancha Bansal Accountancy 95% B. Studies 95%



Arjun Batra B. Studies 95%



Aastha Garg B. Studies 95%



Rishabh Kr. Gupta Accountancy 95%

11. Bhatia Brothers Award For Mathematics Topper in Class XII



Abhay Tomar 98%

12. S.K. Bhatia Award For **Physics and Chemistry** Topper in Class XII



Saksham Jain Physics 97% Chemistry 100 %

#### 13. Yashpal Brothers Award For Economics Topper in Class XII



Vishesh Barjeev Tyagi 95%



Rashi Singh 95%

14. Cambridge Award (Shri Jewaharlal)

**Best Scout** 



Sanyam Chaudhary

**Best Guide** 



Aditi Bhati

#### INSTITUTED BY MONTFORT SCHOOL

For Toppers in

LKG



Avantika Goyal 100%



100%



Roopkatha Dhara Mohd. Akmal Khan 100%

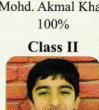
UKG



Class I



Geetika Arora 99.5%



Sankalp Gambhir Pratham Kharbanda 99.83% 99.04%

Class III



Jinesh Mahapatra 99.04%

Class VI

Swapnil Tyagi 98.3%

Class VII

Sidhi Thakur 98.3%

#### VIII (Hindi)



Devansh Tyagi 99.5%

#### VIII (English)



Samayika Jain 94.5%

#### VIII (Comp.)



Ayushi Arora 98.8%

#### VIII (Sanskrit)



Anubhav Arora 100%



Devansh Tyagi 100%



Aradhya 100%



Samayika Jain 100%

#### **Topper in Class VIII**



Science 97.3% Maths 99.5% S.St. 98%

Tirtha V. Sawant 97.3%

#### **Topper in Class IX (10 CGPA)**



Annie Saxena



Sibibalan Jeevanandam



Daksh Agrohi

Mudit Arora





Vinayak Tyagi



Prachi



Aditi Goyal



Vibhooti Mahawar



Sakshi Rastogi



Nikita Suryawanshi



Harish Aggarwal



Aditya Aggarwal



Mahek Raghav

#### Topper in Class XI (Commerce)



Divya

#### Topper in Class XI (Science)



Nidanshu

#### Topper in Class XII (Biology)



Manvi Tyagi 95%



Ritika Bharti 95%



Dakshina Asthana 95%

## Topper in class XII (Computer)



Udit Kr. Agarwal 98%

#### Topper in class XII (Physical Education)



Manav Singh Chauhan 95%

#### Achiever in sports (Boys)



Siddharth



Vatsal Arora



Ansh Gupta



Krishna Gupta



Ashuwani



Prakhar Saini



Gaurav Pandey



Ashmit Singh



Debrup Das

#### Achiever in Sports (Girls)



Deeksha Dhiman



Sakshi Sharma



Saniya Ahuja



Prachi Kapil



Simran Thakur



Udita Singh



Arunima



Sakshi Jain



Navya

#### **BLESSING DAY**

In order to wish our out-going class XII, Batch 2015-16, Blessing Day (farewell) ceremony was organized on 6<sup>th</sup> February, 2016. The programme began with a procession under the leadership of our torch bearer, Principal Bro. Jose followed by Vice- Principal Bro. Jinu, Co-ordinators, students in the ceremonial gowns and all the teachers. Students of class XI presented a



beautiful programme which included melodious songs, sizzling dance performances and Montfortian attraction 'Junoon'- the band. Students were given specially designed mementos which depicted all their qualities observed by their teachers during the academic year. The 'Montfort tree' was an innovative idea of Brother Principal. It depicted the Montfort School tree bearing its







fruits and leaves in the form of students. Each leaf of the tree was with the photograph and a quality of the student. the Head Boy and the Head Girl thanked the school authorities and as a token of their remembrance, presented an aquarium to Brother Principal. The programme ended with the remarkable, auspicious and solemn candle light ceremony which symbolised the spreading of light of knowledge, love and peace to the surrounding world to banish the darkness of ignorance and hatred on the melodious tunes of mesmerising and soul lifting hymn 'O Lord! Raise me up to the mountain' and 'Carry your candle, run through the darkness'.



#### FELLOWSHIP DAY

Fellowship day was celebrated on 18<sup>th</sup>, 19<sup>th</sup> and 20<sup>th</sup> February, 2016, for classes I to V, VI to X and KG section respectively. Every year, this day is celebrated with much fervour. It promotes the value of sharing and caring among students of all ages. On this day, children brought a variety of mouth-watering home made dishes to school, which were then shared with everyone in the school play ground. Everyone was filled with positive energy. Various games were also played.

#### SPORTS ACTIVITIES

#### 5<sup>TH</sup> MONTFORT CUP INTER SCHOOL BADMINTON TOURNAMENT

5<sup>th</sup> Montfort Cup Badminton Tournament was organized by Montfort School from 22<sup>nd</sup> to 24<sup>th</sup> November, 2015. The tournament was inaugurated by the Principal Bro. Jose. About 220 students of 12 schools participated in it. Everyone in the school campus was geared up and enthused for the momentous occasion. The teams performed very well in the competition. Akshat Sharma, Debrup, Krishna Gupta, Manish, Harish, Vatsal Arora, Navya, Akriti, Simran Thakur, Ridhi, Sidhi, Prachi Kapil and Anshika won in their respective categories.



#### INTER SCHOOL CHESS TOURNAMENT

Montfort school participated in an Inter school Chess Tournament held at Shivalik Public School on 9<sup>th</sup> November, 2015. The friendly competition showcased the enthusiasm of students in Chess Club and their clear natural ability and enjoyment of the game. Deepanker Verma of class VI A was declared winner. Participants of our school were accompanied by our school's P.E.T Mr. Sumit Sharma.

## CBSE CLUSTER -III ATHLETICS MEET-2015

Our school's Athletic team participated in CBSE Cluster-III Athletic Meet organised by Shri Guru Nanak Dev Sikh Public School, Udham Singh Nagar (U.K.), from 4<sup>th</sup> to 7<sup>th</sup> November, 2015. A group of 3 Montfort students accompanied by coach Ms. Poonam Gill competed with participants from 84 schools in this competition.

Siddharth Chaudhary of class 9th B won Gold medal in



Shotput event (under 16). He also won Bronze medal in Discus throw event (under-16).

## ACHIEVER'S CUP BADMINTON TOURNAMENT

Achiever's Cup Badminton Tournament was organized by Bhalla College, Haridwar on 13<sup>th</sup> and 14<sup>th</sup> November, 2015. About 250 players from 28 schools participated in the tournament. All the players played to a high standard. Our students also exhibited their talents very well.

#### LATE SHRI RAMPAL SINGH JI MEMORIAL CRICKET TOURNAMENT

Montfort School Cricket team participated in Late Shri Rampal Singh Ji Memorial Cricket Tournament organised by New St. Thomas Academy, Haridwar from 16<sup>th</sup> to 24<sup>th</sup> December, 2015. It was an enriching experience for the students.

#### INTER SCHOOL U-15 CRICKET TOURNAMENT



An Inter school cricket tournament was organised by school sports promotion foundation from 14<sup>th</sup> to 27<sup>th</sup> December, 2015. 12 schools including Montfort School, Roorkee participated. Montfort U-15 cricket team won the tournament.

#### FOOTBALL TOURNAMENT



Sports are the key to good health. It also helps to develop rich fellow feeling, team spirit and leadership quality. To inculcate such qualities among the young students, an Inter section Foot Ball Tournament for classes III to V was held during 25<sup>th</sup> to 29<sup>th</sup> January, 2016. The students enthusiastically showed their team spirit. The winning team of each class was awarded merit of appreciation by Brother Principal.

#### BASKET BALL TOURNAMENT



An Inter section Basket Ball Tournament for classes III to V was held during 12<sup>th</sup>, 15<sup>th</sup> and 16<sup>th</sup> January, 2016, to generate the spirit of sportsmanship among the students. The students enthusiastically played like a true sports person and attracted the attention of the audience. They showed their team spirit and made the tournament a grand success. The winning team of each class was awarded a merit of appreciation certificate by Brother Principal.



## 22<sup>ND</sup> SUB JUNIOR NATIONAL THROWBALL CHAMPIONSHIP

A team of twelve students accompanied by coach- Ms. Poonam Gill, participated in the 22<sup>nd</sup> sub Junior National Throwball Championship, 2016, held at Avadi, Chennai



(Tamilnadu) from 12<sup>th</sup> to 14<sup>th</sup> February, 2016. Our School represented the state of Uttarakhand.

## INTER SCHOOL ANNUAL ATHLETIC MEET

Our school's Athletic team participated in an Inter school Annual Athletic meet held in ESPEE Global School, Roorkee on 20<sup>th</sup> February, 2016. Eight schools participated in this competition and our school team won

## 10 Gold Medals, 2 Silver Medals and 2 Bronze Medals.

Our athletes bagged 14 medals and won the overall championship.

#### VISITS

#### ORPHANAGE VISIT



As part of the school's annual endeavour to sensitize its students, selected children from the primary, middle and senior section visited an orphanage run by Missionaries of Charity. A group of 43 students and 5 staff members from the primary section visited Prem Dham, a care center for multi disabled orphans at Nazibabad on 21<sup>st</sup> December, 2015.

The visit to Prem Nivas, Meerut by middle and senior students took place on 21<sup>st</sup> December, 2015.

Every student from classes I to XII was encouraged to donate items according to the requests made by the orphanage.

Students sang Christmas carols as it was the Christmas season. They also lent a helping hand in serving food during the lunch time. Interaction with the inmates



enabled the students to realize how fortunate and blessed they are.

The accompanying staff were Bro. Jinu, Mrs. Sangeeta Gupta, Mr. Arun and Mrs. Supriya Daniel.



#### **BROTHER PAUL RAJ'S VISIT**

Bro. Paul Raj, the Assistant General of the congregation of Brothers of St. Gabriel visited the school as part of his canonical visit on 5<sup>th</sup> December, 2015. He was given a grand welcome and was felicitated with a shawl and a memento by Bro. Jose. Speaking on the occasion, Bro. Paul Raj shared his experience across the countries in which Brothers are serving. He exhorted students to be



thankful for the comforts and facilities they are enjoying. The visit ended with Bro. Paul Raj's interaction with the teachers followed by lunch.



#### **SEMINARS**

#### हिन्दी कार्यशाला

19 दिसंबर, 2015 को दिल्ली पब्लिक स्कूल, रानीपुर में एक दिवसीय हिन्दी कार्यशाला का आयोजन किया गया जिसमें हमारे विद्यालय से श्रीमती ज्योति शर्मा, श्रीमती ज्योत्सना प्रभाकर, श्रीमती गौतम सैनी, श्रीमती दिशा ने भाग लिया। कार्यशाला की मुख्यवक्ता सुश्री चंद्रकला शास्त्री थीं। कार्यशाला में शिक्षा का उद्देश्य, शिक्षक का छात्रों के प्रति कर्त्तव्य, विचार कौशल, ज्ञान में अभिवृद्धि, परिवर्तन करने में समर्थ करना, छात्रों की कक्षा में सिक्रय भागीदारी बनाना आदि विषयों पर चर्चा हुई।

#### ENGLISH SEMINAR

Three teachers from Primary section-Mrs. Manju Rawat, Mrs. Jyoti Saxena and Mrs. Parul Amaan attended a seminar on 19<sup>th</sup> December, 2015, in Greenway Sr. Sec. School on the topic 'English language training through 5 C's'. Sashwati Bora from Scholastic Group was the resource person. Various beneficial techniques and activities were discussed during the session to make English language more effective and interesting.

#### SEMINAR FOR SCIENCE TEACHERS

On 27<sup>th</sup> February, 2016, a workshop was organized in IIT-Roorkee, under MHRD - IPR chair to promote innovation

and creativity during school education. Many Schools were invited for participation in the workshop. From our school, six senior teachers attended the programme, namely- Mrs. Shalini Sharma, Mrs. Meenakshi Manhas, Mrs. Kopal Rastogi, Mrs. Supriya Daniel and Mr. Rajesh Kumar Gupta. Dr. P. K. Ghosh (Dean-Finance and Planning) and Prof. S. Daniel shared their vision of innovation and creativity and its need in today's world. The main focus was on school policy for innovation and protection. All the participant schools discussed the ways to identify the students with innovative skills during lab / related assignments.

#### SCOUTS & GUIDES TRAINING CAMP

Two teachers from our school- Mrs. Savita Prasad and Mr. Shashank were given an opportunity to get trained as Guide Captain and Scout Master respectively.

The training comprised of day and night camp from 25<sup>th</sup> to 31<sup>st</sup> January, 2016, in BSM Degree College and training was basically about discipline. It also focused on team work, co-operation, care, concern and love.

#### SEMINAR ON SECURITY SENSITIZATION FOR SCHOOLS

A Seminar on Security Sensitization for Schools and Colleges was conducted on 6<sup>th</sup> February, 2016, by the Uttarakhand Police at Roorkee, Nagar Nigam. Many Schools and Colleges participated in the programmes. The program was attended by two teachers- Mrs. Jyoti Tiwari and Mrs. Parul Amaan. The purpose of the seminar was to highlight the importance of the school's physical security and the negative impact of technology on children.

Needless to say that all the points mentioned under the school physical security are already being taken care of by Brother Principal. For eg. CCTV Camera, security at the main gate and many other technical gadgets.

The seminar also highlighted the importance of creating an awareness among children, parents and the community regarding the ill-effects of technology on children. The best way to overcome this problem is to have the connectivity with the children and monitor the use of technology by the child and teach the right usage of technology.

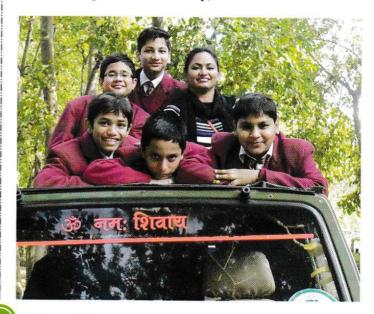
'We are changing the world with technology and it makes the world a better place to live in.'

#### **PICNICS**

We do not remember days, we remember moments. A picnic can give us many such moments which are memorable. As every year, this year too, picnics were organized for classes I to XI. In the second term, the students of classes I to V and KG went to Crystal World on



27<sup>th</sup> and 28<sup>th</sup> November, 2015, respectively The students of class VI were taken to Buddha park and Pacific Mall in Dehradun on 3<sup>rd</sup> December, 2015. The students of class VII and VIII experienced the calm and serene environment of Rajaji National Park on 5<sup>th</sup> December, 2015 while students from IX and X visited Akshardham Temple, New Delhi on 12<sup>th</sup> February, 2016 and soaked themselves in the grandeur, art and culture of Indian history. The students of class XI went to Himalayan Resort, Shivpuri on 30<sup>th</sup> January, 2016.



# CECT. OOO

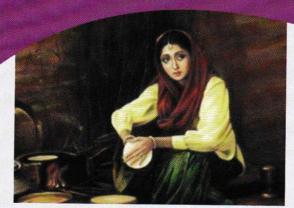




हर खुशी है लोगों के पास मगर हँसने के लिए समय नहीं है। माँ-बाप की उम्र का तो एहसास है. मगर हाल-चाल जानने का समय नहीं है। सभी मित्रों का नाम तो मोबाइल में है. मगर मित्रता के लिए समय नहीं है। आँखों में नींद तो बहुत है, मगर सोने के लिए समय नहीं है। दिल में हजारों गम छुपे हैं, मगर रोने के लिए समय नहीं है। पैसों की होड़ में लम्बी दौड़ लगाई. मगर थकने के लिए समय नहीं है। दूसरों के एहसास की कद्र है, मगर खुद के लिए समय नहीं है। आप ही बताएँ जिंदगी का क्या होगा? हर पल मरने वालों को. जीने के लिए समय नहीं है।

> अंशिका सैनी कक्षा 9 सी

# भारत की नारी



निःसंदेह तेरे कर्मों का सारा जगत आभारी लाखों लाख नमन तुझको, हे भारत की नारी भूखे प्यासे रहकर तेरा पिवत्रता उपवास रक्षा कवच यह पित देव का, ऐसा दृढ़ विश्वास तेरे आगे नतमस्तक है बाकी दुनिया सारी लाखों लाख नमन तुझको, हे भारत की नारी।

रंग भी बदले, ढंग भी बदले बदले तौर तरीके संस्कार न भूले अपने, जरा न हुए फीके अलग सी पहचान बनाती, तेरी यह होशियारी लाखों लाख नमन तुझको, हे भारत की नारी।

सीता रूप में पित राम के हर सुख दुख में साथ रही क्या-क्या कष्ट सहे वन में, मुँह से न कुछ बात कही, धन्य कर गई नाम को अपने जनक की राज दुलारी। लाखों लाख नमन तुझको, हे भारत की नारी।

अपनी शक्ति और भक्ति से सबका बेड़ा पार करे, अबला नहीं तू कर्मयोगिनी, जीवन का उद्घार करे कभी तू बिटिया, कभी ममता, कभी प्रियतमा प्यारी, लाखों लाख नमन तुझको, हे भारत की नारी।।



आकांक्षा त्रिपाठी कक्षा 8



पक्षियों ने एक सभा बुलाई, सबने अपनी बात बताई। सुन रहा था बूढ़ा तोता, जो था ऊँची डाली पर बैठा। सबकी समस्या लाया कौआ. हम सब हैं मुश्किल में भैया। न तो हमें मिलता स्वच्छ जल, और अब दिखते हैं बहुत कम जंगल। न दिखती है वृक्षों की शीतल छाया। जाने कैसा समय है आया। दूर देश हम उड़कर जाते, तब जाकर भोजन पाते। क्यों न हम मिलकर सुलझाए, हम अपने कुछ नियम बनाए। आओ धरा को सुन्दर बनाए, हम सब एक - एक वृक्ष लगाएँ।



रिया मेहन्दीरत्ता कक्षा 8 'अ'

## बगिया के फूल

में हूँ एक फूल नाम है मेरा लिली, अपनी दोस्त बेला को देखकर में खिली। बेला की खुशबू से सारी बिगया महकी, उसकी बहन चमेली पर चिड़ियाँ खूब चहकीं। उधर बेचारा गुलाब था बहुत उदास, काँटो के कारण न कोई जाता उसके पास। सबने की प्रार्थना, तितिलियाँ पास आर्यी, गुलाब मुस्काया और बिगया खिलखिलायी।



## मेरा बचपन

पेड़ों का हिलना, बच्चों का खेलना, याद आता है हाँ याद आता है। पेड़ों पर पैर रख फलों को तोड़ना, बहुत कुछ कह जाता है।

मस्तिष्क की किसी मस्ती में कैद, वह बचपन याद आता है। माँ की ममता, पिता का प्यार, बचपन की मीठी याद बन जाता है।

भाई की डाँट और बहन का स्नेह, स्वप्न बन रह जाता है।

आ जा बचपन! एक बार फिर तू उस समय से लड़, और दे दे मुझे अपनी निर्मल शांति।

> व्याकुल व्यथा मिटने वाली, वह अपनी विश्रांति। जहाँ ज्ञान न था जात - पात का, समझ न थी किसी धर्म की।

लज्जा थी न छूआछूत की, शर्म न थी किसी बात की। आकांक्षाएँ थी वृक्षों से ऊँची, जड़े थीं समुद्र से गहरी।

बहकर पत्रों की भाँति, उड़ – उड़ उड़ती विचारधाराएँ हमारी। ना समय की फिक्र। ना काम काज का जिक्र।

खो गया कहाँ, वह बचपन का अतुलित आनंद। जहाँ मैं था निर्भय स्वच्छंद, जहाँ मन था शांत, दिमाग था शरारती।

> पता न चलता किसी बात का, समय होता यूँ ही ओझल। निद्रा का कोई बहाना नहीं, उठने को कोई बहाना नहीं।

हवा ने ऐसा रूख मोड़ा, समय ने ऐसा राग छेड़ा। हो गया वह पौधा, एक छायादार वृक्ष अब, खोया किसी किताब के पन्ने में, वह अतुल्य बचपन।

> जहाँ हुआ करता था हमारा खेलना, जहाँ हुआ करता था हमारा ठिकाना। जहाँ हुआ करती थी माँ की ममता, जहाँ हुआ करता था पिता का प्यार। ओझल हुआ कहाँ मेरा बचपन, हाँ मेरा बचपन।



कपिल अरोड़ा कक्षा 10 'ब'

## बाल मजदूरी



क्यों करवाते हैं बच्चों से मजदूरी,
डालते हैं उनके कन्धों पर बोझ भारी।
काश यह बच्चे भी जा पाते स्कूल,
पर इन्हें करना पड़ता है वहाँ काम,
जहाँ होती है धूल।
चाहकर भी यह पा सकते नहीं जो चाहिए
कैसे करें जब पास इनके हैं नहीं रूपये।
यह बच्चे चाहे कितना भी काम कर ले
पर पास पैसे इतने नहीं, जिनसे अपना पेट भर ले।
क्यों हो रहा है इनके साथ यह अन्याय,
इतना काम करने पर भी ये थोड़ा सा ही पाए।
लोग अगर बाल – मजदूरी के खिलाफ कदम
उठाएँगे,

तभी यह बच्चे इस जाल से निकल पाएँगे। तो, आओ मिलकर रोकें उनको, जो काम पर लगाते हैं बच्चों को।



विभूति सैनी कक्षा 7 'स'

## "ईश्वर ने मुझे उठाया और आदेश दिया"



ज्ञान की खोज में एक बार तीन साधु हिमालय पर जा पहुँचे। वहाँ पहुँचकर तीनों को बहुत भूख लगी। मगर उनके पास मात्र दो ही रोटी थी। उन तीनों ने तय किया कि वे भूखे ही सो जाएँगे। ईश्वर जिसके सपने में आकर रोटी खाने का संकेत देंगें, वही ये रोटियाँ खाएगा। ऐसा कहकर तीनों साधु सो गए। आधी रात को साधु उठे और एक - दूसरे को अपना-अपना सपना सुनाने लगे। पहले साधु ने कहा- "में सपने में एक अनजान जगह पहुँचा। वहाँ बहुत शांति थी। वहाँ मुझे ईश्वर मिले और मुझे कहा कि तुमने जीवन में सदैव त्याग ही किया है, इसलिए यह रोटियाँ तुम्हें ही खानी चाहिए।" दूसरे साधु ने कहा कि "मैंने सपने में देखा कि विगत में तपस्या करने के कारण में महात्मा बन गया हूँ और मेरी मुलाकात ईश्वर से होती है। ईश्वर ने मुझसे कहा कि लंबे समय तक कठोर तप करने के कारण रोटियों पर सबसे पहले तुम्हारा हक है। तुम्हारे मित्रों का नहीं।" अब तीसरे साधु की बारी थी। उसने कहा "मैंने सपने में कुछ नहीं देखा। बल्कि मुझे सपना आया ही नहीं। मैं सोने की कोशिश कर रहा था; थोड़ी नींद आई भी। पर पता नहीं, उस बीच कब नींद खुल गई। मैं उठा और रोटियाँ खा गया।" यह सुनकर दोनों साधु क्रोधित हो गए। उन्होनें तीसरे साधु से पूछा "ऐसा करने से पहले तुमने हमें क्यों नहीं उठाया।" तब तीसरे साधु ने कहा - "कैसे उठाता, एक बार ख्याल आया भी था कि तुम लोगों को बता दूँ, पर तुम दोनों तो ईश्वर से बात कर रहे थे। ईश्वर ने तुमसे बात करते-करते मेरी ओर देखा और कहा "तुम्हें भूख लगी है। उठो और रोटियाँ खा लो"। मैंने उनका धन्यवाद दिया कि उन्होनें मुझे भूखे मरने से बचा लिया।"

> विश्वजीत सिंह कक्षा 7

## सर्वोच्च धर्म-मानवता

'अच्छा भी आदमी ही कहलाता है ऐ नज़ीर और जो सबसे बुरा है, है वह भी आदमी।' – नज़ीर अकबराबादी

मानवता शब्द का सरल शब्दों में अर्थ है– मानव की एकता, इंसानियत यानि मानवता। हर मानव चाहे वह किसी भी धर्म का हो, कोई भी देश का हो, उसका एक मात्र मकसद होना चाहिए: मानव–एकता।

'माटी एक अनेक भांति करि साजी साजनहारी'एक ही माटी है एक जैसे हीं पाँच तत्व है, इसमें कोई अंतर नहीं, जब यह सच्ची



बात हमारे मन में स्थापित हो जाती है फिर सभी भेद मिट जाते हैं। हम इंसानियत की राह पर अग्रसर हो जाते हैं, भाई – चारा स्थापित हो जाता है।

'इंसान-इंसान को डस रहा है और साँप बैठकर हँस रहा है'- गुरूनानक देव। सतगुरू बाबा जी मानव को ब्रह्म ज्ञान देकर उसके मन के विचारों में रहन - सहन, सोच समझ में तथा उसकी जीवन शैली में बदलाव करते हैं। इंसान में सिर्फ ज्ञान के बाद ही अच्छे विचार तथा भावनाएँ प्रवेश करती हैं। अनेक योनियों के बाद इंसान को मानव शरीर मिलता है। उन सभी योनियो में मनुष्य योनी को उत्तम समझा गया है। मानवता से बड़ा जीवन में कोई धर्म नहीं होता है। मगर मनुष्य मानवता के धर्म को छोड़कर मानव के बनाए हुए धर्मों पर चल पड़ा है। यह उसकी अज्ञानता का परिणाम है।

नज़ीर के शब्दों में-

- याँ आदमी पै जान को वारे है आदमी।
   (इस धरती पर आदमी ही है जो मानव मात्र की रक्षा के लिए प्राण देता है।)
- और आदमी पै तैग को मारे है आदमी।
   (मानवता का गुण न होने पर प्राण ले भी सकता है।)
- पगड़ी भी आदमी की उतारे है आदमी।
   (पगड़ी भी आदमी की उतारता है आदमी।)
- चिल्ला के आदमी को पुकारे है आदमी।
   (मुसीबत में चिल्ला कर आदमी को ही पुकारता है आदमी।)
- और सुनकर दौड़ता है सो है वह भी आदमी।
   (और चीख सुनकर जो मदद के लिए दौड़ता है वह भी आदमी ही है।)



आदित्य क्षेत्री कक्षा 9'अ'

# English Section



## I Wish

I wish I could save the trees, And let the world be pollution free. I wish the colours of the flowers-pink, yellow & red Have some happiness to spread I wish to save nature's beauty But it should be everybody's duty. I wish the rich and the poor, Have the same fate to share. I wish no one would fight, And test each other's might. I wish my wish comes true,

And makes this life beautiful.



Kavya III C



If all the students Work hard, They will surely see Agood result card.

> If all the students Respect their teachers, They will surely be In the good books of their teachers.

If all the students Get their education, They will really do A good work for nation.

> If all the students Obey their guardians, They will surely be Called real Indians.

If all the students Work for their college, They will surely See a shining college.



Vedansh Tyagi II B





## Cricket Vs Exam

Preparation of Exam Tough Question paper

Easy question paper Confusing question paper

Checked while copying

First class with honour Just passed

Failed



Fast ball Slow ball

Googly

Caught out

Sixer Four

Clean Bowled

Prajjwal Saini VIII A

## Paid In Full

A little boy came to his mother in the kitchen, one evening while she was preparing dinner and handed her a piece of paper that he had been writing on. After his mom dried her hands on an apron, she read it, and this is what it said-

For cutting the grass: Rs. 5.00

For cleaning up my room this week: Rs. 1.00

Faring out the garbage: Rs. 1.00 For cleaning up the yard: Rs. 2.00

Total owed: Rs. 9.00

The mother looks at him, picked the pen and this is what she wrote:

For praying for you: no charge

For washing your clothes: no charge

For wiping your tears: no charge

When you add it up, the cost of my love: no charge When the boy finished reading what his mother had written, there were big tears in his eyes. The boy took the pen and wrote in great big letters: PAID IN FULL



Compiled by-Wreath VB



A canvas all painted blue With a few strokes of milky white, Forever watching over; Giving away the holy light.

> People of peace, Familiar with sky of the day And ones blessed with beauty May feel it's night play

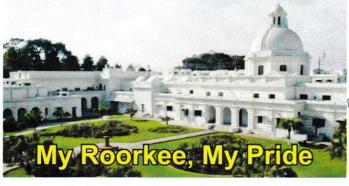
Dawn summons the yellow And the dark soon flees away. Dusk with it's own moonlight Later values the day.

> Today, tomorrow and after Sunny, cloudy or rainy? Unaware we walk hands clasped, Prepared even for the irony.

A canvas all painted blue With a few strokes of milky white, Forever watching over, Giving away the holy light.



Ayush Agarwal XC



**Roorkee-** On the name of the wife of a Rajput Ruler, Ruri, just a village on a mound of alluvial soil near solani was named Rurki in 1813. Before the rule of Britishers, Roorkee was a Rajput Colony.

Sir Herald Williams- Sir Herald Williams gave up everything for the development of a town what we know today as Roorkee. Born in an English dominated nation, he came to India as a professor of Roorkee University and a senator who settled in Roorkee & never went back. He even left his mother land for Roorkee.

Heritage of Roorkee

Thomason College-The Thomason College in Roorkee has always produced people who served mankind globally as well as nationally. The Hirakud, Tehri, Bhakra Dams in India are magnificent examples of engineering designed by the graduates of Sir William Thomason College. Hindiya Dam in Mesopotamia & Oswan Dam in Egypt are also counted in this list. The father of modern Lahore, Sir Ganga Ram was once a student in the Thomason College. Many institutions were built in his honour both in India & in Pakistan.

**Solani Aquaduct**- It was a challenging work to complete the Aquaduct successfully. Gov. Gen. Lord Dalhousie inaugurated the Aquaduct on 8<sup>th</sup> April, 1854. Being the first Aquaduct in India, it carries Ganga water & remained a centre of attraction for many years in Roorkee.

First train in India- On 22<sup>nd</sup> December, 1851, a goods train ran for the first time in India. The name of the train was Jeny Lind, named after a famous swedish singer. It ran from Roorkee to Piran Kaliyar and now it is established at Roorkee Railway station.

**BEG, Roorkee**- BEG, Roorkee is famous for its bravery & intelligence. It has received many renowned recognitions that includes:-

11 Victoria Cross, 116 Indian Order, 1 Padma Vibhushan, 17 Shourya Chakra, 93 Sena Medals and 11 Arjun Awards

Compiled By-





Ankush Agarwal & Aditya Shukla

### My School Bus



Bus at the stop waiting for us
We go to school, by our lovely bus
Everyone loves it's horn beats
In my bus so many seats
Children love to sit
And talk bit by bit







The sun is bright
I see a traffic light
Saying stop, stop, go, go
Our bus is moving forward to backward
Backward to forward up and down
Like a merry go round

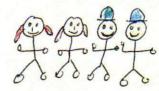




My bus is funny
Like a little bunny
It blinks it's light on the road
Oh! My God, the bus has a big load
I love my school bus
It always goes with us.











Bitthal II-C



I have no shape I have no soul I'm liquid & soft I have no edges, no corners No legs, No legs I don't move or crawl Islip, Islide Iglide, I melt I pour through cracks Down holes under the grass Oozing through secret forests Which no one knows Dark & mysterious And close to the ground A long endless tunnel through which I pass unseen, unnoticed & unafraid A dry brown living rope Over tree trunks in loops & tucks Sometimes in a wriggling heap Sometimes curving, blending & slinky Sometimes rigid & straight Horny and scaly & rough & flaky A string of muscles held together By a tube of skin. Two unmoving yellow eyes Watch you tranquilly From the midst of a heap of coils And a tongue flicks You all fear me You are so big & clumsy you humans, While I'm quiet, quick & graceful You think I'm slimy, when I bask in the heat all day On warm stones in the glorious sun getting drier & drier I have no shape I have no soul...

## Clean India

To keep the streets, roads and cities clean is the prime responsibility of citizens of a country. Unfortunately, we Indians have a tendency to clean our homes and throw the trash on the roads and public places.

To improve the habit of citizens, the Prime Minister of India, launched 'Clean India Campaign' on 2nd October, 2014. At the time of launch, many citizens from different corners of India including celebrities contributed heartily to the drive and many public places were cleaned which were dirty for years.

But now it is observed that the roads, dark corners of streets, open places etc, are again dirty and stinky due to the dumping of garbage. This waste dumping not only gives a shabby look to the city but causes health hazards also. Thus we must change our habit and throw the garbage in dustbins only. We should put biodegradable and non- biodegradable waste in segregated bins only.

Thus by changing our habits, we can keep our country clean and healthy forever.

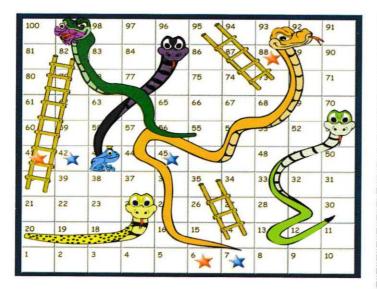


Aastha Saini VIB





Manan Sachdeva IXC



## Life - A Game of Snakes And Ladders

*Life is a journey; full of ups and downs, joys and sorrows.* failures and challenges. If there are no ups and downs in your life, then you are dead. They make your life interesting; otherwise your life becomes boring. Life is beautiful but not so easy. It is the game of snakes and ladders. Sometimes we may rise (through the ladder) and sometimes we fall into traps (trap of snake). But still, we enjoy playing it. Life is the real game in which we may fall but should never lose. If you do not start walking you can never reach your goal. Start your first step to success, who knows you may win the game. When you fail, you should not give up. You should take lessons from your failure, then gather courage and start again. In the game of snakes and ladder, we may not be the first one to reach the finish line but we should feel happy that we reached the end. In life, never calculate when did you reach your goal but be grateful to God that you reached your goal. Difficulties test the courage, patience, perseverance and true character of a human being. When you face difficulties, you get stronger and better. There is no doubt that there can be no gain without pain. It is only when one toils and sweats it out that success is nourished and sustained. Be determined to achieve your goal and have the courage to face difficulties, then no one and no game can stop you from achieving success. So, live life to your fullest!



Aastha Sharma IX C



## Always learn from previous mistakes

The proverb, 'Don't cry over spilt milk' is very popular. It simply means that it is of no use to regret after a mistake has been committed. And isn't that true? What is the use of crying over a loss? Instead, we should try to learn from our mistakes and not repeat them the next time. We may, sometimes, get less marks or lose a competition but we should not lose heart and then success will surely be ours. We all know, 'Failures are the stepping stones to success'. Some people get disheartened when they fail. But is it right to hold such a cowardly attitude? If we forget our failures and start working sincerely, then we won't fail the next time. We can never change the past but we can always brighten our future.

Parth VA

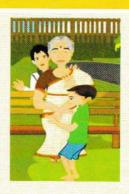
#### **Grand Mother**

When everyone left me You stood by my side You wiped my tears And told me not to cry...

I had given up all hopes But you told me not to quit... Some how you see the good in me That none could see..

You, my grand mother Are the only person in my life Who has faith in me.. I believe in myself because You believe in me...

Ilove you Granny...





Vasundhra Singh IX C



An easy word to say
But difficult to understand the meaning
The word has no explanations
As work done by her is beyond expectations

She brought you in this world She was the first to hold you in her arms To protect you from the evils and to protect you from the harms

You were a gift to her Provided by God Who in her sorrowful world Brought sunlight to Give her a new life

> At night, she told you many stories and made you sleep But woke up early in the morning Before the alarms beeped

Just like these moon & stars Glowing in the night sky She in this dark world Made you shine up bright

> You are her part You are her heart Who in her sorrowful world Brought sunlight to Give her a new life

Parth Dua X C

## Smile ("



#### "A smile is a curve that sets things straight"

The quotation cited above is by a famous American actress Phyllis Diller born in 1917.

Smile has a great impact on our day to day life. A simple gesture can make a huge difference. A smile costs nothing but gives much. Social Psychological researches revealed that our facial expressions do reflect our inner feelings and by changing our facial expressions, we can help to change our feelings too. So when we smile, we cannot feel angry. I've never seen a smiling face that doesn't look beautiful. You're never fully dressed without smile.

Smiling is infectious
You can catch it like flu
Someone smiled at me today
And I started smiling too.

We just need to constantly remind ourselves to smile. I suggest that the first thing to do when you wake up in the morning is to smile to yourself and say

"O God! I want to have a happy day today!!" Next put a smile on your face. Remember when others look at you and you make their day and when they smile back, they make your day.

Rajshree IX C

#### One to Ten words and its value

- 1. Most demanding one letter word-I-Avoid it
- 2. Most satisfying two letter word- We- Use it
- 3. Most poisonous three letter word-Ego-Kill it
- 4. Most acceptable four letter word-Love-Value it
- 5. Most pleasing five letter word-Smile-Keep it
- 6. Most spreading six letter word-Rumour-Ignore it
- 7. Most enviable seven letter word-Success-Achieve it
- 8. Most nefarious eight letter word-Jealousy-Distance it
- $9. \, Most \, powerful \, nine \, letter \, word\text{-}\, Knowledge \, \text{-}\, Acquire \, it$
- 10. Most essential ten letter word- Confidence- Develop it



Hitesh Sachdeva X B

## Vertical Farming: The Next Big Thing For Food And Technology



We know that population is growing at an alarming rate and to live, people are using more and more land for construction purposes. This limits the land which could be used for

cultivation. But more population will need more food and for more food production, we need more land which can be cultivated, along with more water and other resources, but this growing population is using other resources as well. Now the question that arises is, "How to increase the food production by using limited land, water and other resources?"

The answer to this problem is given by the vertical farms. These are high-tech green houses that typically inhabit buildings in urban areas. Produce is grown in stacks - in many cases with no soil or sunlight- for local consumption. They utilize artificial lighting which mainly includes red and blue LEDs. These vertical farm system technology meets many of the challenges faced by traditional farmers including climate change, reduced water supply and pest and weed control without the use of chemicals like pesticides, insecticides or fungicides.

The technology works best for salad greens and herbs which have highest margins and can be grown in larger quantities.

This technology has proved beneficial. It uses 95% less water with no pesticide usage. Crops grow in half the time taken by crops grown by traditional methods. It gives high quality production with better yield. It does not affect the environment. There is no risk of poor weather conditions. There is lower transportation costs and less spoilage.

Therefore, it is an emerging trend in agriculture. Vertical farming companies are sprouting up across the United States. These include Farmed Here in Bedford Park in Illinois, Algeria Fresh in Irvine, California and many more.

Once again, science has proved to be a boon for mankind and given a new way of farming and feeding the world and also changing the way vegetables are grown.



Aditi Goyal X C

## Article 356

Shall We Scrap It?

Article 356 of Indian Constitution states that the President on the advice of the PM, can dismiss a state government on account of failure of the latter in terms of financial and political performance. It has been said that Article 356 is dangerous for a democracy like India and must be scrapped. Debates are going on but there is no solution in sight. Some politicians are of the view to scrap it whereas some want it to be retained in the Indian Constitution.

There were some incidents in the recent years on this issue.

(A) Ms. J Jayalalitha forced PM Mr. A.B. Vajpayee to dismiss the Chief Minister of Tamilnadu, Mr. M Karunanidhi. But Mr. Vajpayee refused to use Article 356 even when Ms. Jayalalitha threatened to withdraw support to the BJP-led government.

(B) Mr. L.K. Advani was critical of the incidents which occurred in the State of Bihar under the leadership of Mrs. Rabri Devi. There were killings and massacres. 3 MLAs lost their lives during the later half of 1998. Therefore, the Central Govt. recommended to the then President Mr. K.R. Narayanan, to dismiss the Rabri govt. in Bihar. But the President returned the recommendation and added to reconsider the decision.

It is true that Article 356 could be misused by the Central Government. Still, Article 356 cannot be written off from the constitution due to some reasons which cannot be neglected. Firstly, the undemocratic people and hooligans would try to capture power. Secondly, in the absence of constitutional tool like Article 356, the judiciary would not be able to adjudicate over important issues.

Hence, Article 356 must be retained at all costs. The Indian Parliament should initiate discussions on the issue and the Article should be amended so that it remains effective.

The views expressed in this article are of the author.



Mohammad Yusuf IX C

## Japanese New Year's Celebration

Akie Wasan



#### New Year's Dishes



'Osechi' are the traditional foods eaten on New Year's days in Japan. Each dish in Osechi has a special meaning. They symbolize happiness, long life, getting many children and good health.



'Ozoni' is a special soup taken on New Year's day. The soup has rice cake. Depending on the family, vegetable, meat and seafood are also used.



'Zenzai' is a Japanese winter sweet. It has rice cake and red bean and boiled all together in sugar water.

New Year's calligraphy. On the beginning of the year, some people write their wish or words regarding winter.

New Year's Events

'Hatsumode' means the first visit to the shrine. Many people visit shrine and wish for happiness, wellness, success and so on.



'Fukuwarai (Lucky laugh)' The player cover the eyes and put independent parts of the face into a blank face and laugh at the funny result.

#### New Year's Joy







People send New Year's card to friends, relatives and business customers. Cards are delivered on 1<sup>st</sup> January. We use 12 animals to symbolize the years (Chinese zodiac sign), mouse, ox, tiger, rabbit, dragon, snake, horse, sheep, monkey, hen, dog & wild boar. 2016 is the money year.

## **WORDS OF WISDOM**

Teachers speak

### Understanding with love

"When you plant lettuce, if it does not grow well, you don't blame the lettuce. You look for reasons it is not doing well. It may need fertilizer, or more water, or less sun. You never blame the lettuce. Yet if we have problems with our friends or family, we blame the other person. But if we know how to take care of them, they will grow well, like the lettuce.

Blaming has no positive effect at all, nor does trying to persuade using reason and argument. That is my experience.

No Blame, No Reasoning, No Argument, Just Understanding.

"If you understand and you show that you understand, you can love and the situation will change"

-Thich Nhat Hanh

This thought can always help us when we enter a class and instead of being judgemental, we are more full of love and care. Montfort School's monogram also depicts greater

heights of achievement and excellence BUT built on sound and solid foundations of love and happiness. I feel honoured and proud to be a part of such an elevated institution where imparting love, happiness, spirituality in its holistic approach compliments the educational objectives.



Rajesh Kumar Gupta PGT (Physics)

### The Dreaded Monster

Oh! I have to do lots of work, washing those clothes, dusting the dust off those rows of books and of course preparing for the forthcoming lessons. This is what I say at the start of the day and then at the end of the day, when the beautiful sun sends its reddish orange glow, pensive and gloomy, I stand before it on the balcony and muse over the sad end of yet another bright and beautiful day- no glories for me not even the satisfaction of completing two of the three tasks I counted with the rising sun. In the course of this fair day, several people might have finished myriads of tasks.

I wonder what has gone wrong. No more of it- I proclaimed to work into the deep layers of my thoughts



and find the rotting values. Where has that vision of marching towards the day impregnated with novelty and actions vanished? Realisation came with a sudden flash, the great monster 'Procrastination' has possessed me. I rose up with a start and decided to drive the devil away.

I promised myself to load each minute of my precious life with labour worth more than sixty seconds so that when I reach my grave my tasks call me back and even my death stands defeated and I stay on in this beautiful world.



Shalini Sharma TGT

## **Moulding Lives**

Life is an experience, life is a thrill. Every one has a different perspective towards life. The good life is one that is inspired by love and guided by knowledge. I have found that if you love life, life will love you back. We, teachers, create a small little world in the school and nurture it with our love and affection. The same love and affection is returned to us manifold by our students. In this on going journey of life, we help the students become creative, lively and inquisitive. Even George

Bernard Shaw quoted- "Life isn't about finding yourself, life is about creating yourself". I am happy that I am able to contribute to the society by moulding and shaping these young minds and at the same time, achieve satisfaction and provide meaning to my life.



Ritu Singh PRT



Education empowers children. Every child is extraordinary and can scale great heights, if provided with the right learning opportunities. We, teachers believe in the overall development of a child. A question which strikes again and again to me is- "Can academics solely take a child to the heights?"

Here I would like to quote the words of Mahatma Gandhi:-

"The system of education leads to the development of the mind, body and soul".

In my teaching career, many times I have come across the fact that some good children drift away from their goals. I feel that something is missing from their lives. They are restless, while chasing their goals. Newspapers are full of crimes committed by youth. Many teenagers are not on the right track. What has happened to them? Who is to be blamed? Answer to the questions above may lie in our present life style or materialistic thoughts.

Our maximum time is devoted to the labour for earning our bread and accumulating the luxuries. Children who are the future citizens, thus become fond of materialistic life. I have noticed when children experience interaction within and outside the home, where they feel safe and cared for, where anger and hostility are not present, they develop a strong sense of self, which develops into a strong moral base.

So let's join our hands to shape the mortals of the next generation, by inculcating good values in them such as honesty, integrity, sharing and compassion.

'Let the students of today be the trend setters of tomorrow.'



Rashmi Gupta TGT

### A Few Tips To Increase The Concentration Power

Now-a-days one of the most common problem faced by the young generation is that they are not able to concentrate in their studies. With the advancement of technology, there are so many distractions which disturb the child. I noticed the same thing disturbing our Montfortians too. Now the question which comes here is that how can

children cope with so many distractions and how can they concentrate in studies or any other activity.

Well, my dear Montfortians, here are some tips which will really help you to increase your concentration power. The first thing you need to understand is what is meant by concentration. It means focusing or paying attention to a single matter at a time. Avoid doing more than one thing at a time.

Always make it a point to put your full concentration on whatever you are doing. Stay calm while doing anything. Take breaks in between to refresh and reenergize. Meditation is the best exercise to increase your concentration power. Try to meditate at least twice in a day. It increases your cosmic energy.

"Meditation teaches us to focus and to pay clear attention to our experiences and responses as they arise, and to observe them."

-Sharon Salzberg

Therefore, my dear Montfortians, go within everyday and find the inner strength so that the world will not blow your candle out.



Mrs. Jyoti Tiwari Wellness Teacher

#### **Incredible Memories**

I have been a teacher for over 10 years. It was my lifelong dream and ambition to teach and it is a profession that has not only challenged me every day, but also has brought me the most rewarding experiences of my life and encouraged me and mentored me. I believe that if you are a teacher then you have to be dedicated and you should strive to instill the joy of learning into each one of your students. I have become fascinated by the fact that my practice has changed and shaped the young minds, because as a teacher we work to make a difference in the lives of every student we meet. The teaching profession isn't an easy one. It takes an undying passion to trudge through gloomy days. I believe young minds need to know how education makes life awesome.

With my students I have shared all kinds of moments- happy, sad, fun, magical... Such incredible memories- it is like bringing the world into classroom.

I am really thankful to the management of Montfort Sr. Sec. School for making me feel that my job is not just a job, but a mission. I love being a teacher more and more every day.



Anjali Tyagi PRT



मेरा स्वयं का मानना है कि जीवन में किठनाइयों और मुसीबतों से संघर्ष करना ही जीवन है। सफलता का आनंद तभी आता है, जब हम संघर्ष करके विजय प्राप्त करते हैं। गिर–गिरकर उठना ही और संघर्ष करना ही सफलता की मंजिल को पाना है। मनुष्य के जीवन के दो महत्वपूर्ण पहलू है— सफलता और असफलता। इससे भी महत्वपूर्ण पहलू है— हिम्मत न हारना। जो लोग अपने आत्मबल पर विश्वास करते हैं, वे सदैव उत्साहपूर्ण दिखाई देते हैं। असफल होने पर वे निराश नहीं होते हैं। दूसरी तरफ जो लोग हिम्मत हार जाते हैं, तो वे जिस कार्य को नया सोपान देने में सक्षम भी हैं, तो वे उस सोपान पर पहुँच नहीं पाते हैं।

असफलता को स्वीकार न करने वाला व्यक्ति कभी भी सफलता का वरण नहीं कर सकता है। क्योंकि "बबूल के पेड़ पर गुलाब के फूल कभी नहीं निकल सकते।" यह सही है कि जीवन की राहें काँटों भरी हैं लेकिन यह भी उतना ही सच है कि इस दुनिया में आशावान मस्तिष्क से शक्तिशाली और कोई नहीं है।

मैं अपने अनुभवों के द्वारा यही कहना चाहूँगी कि मात्र अपनी प्रतिभा के सहारे कुछ असाधारण कर दिखाने वाले परास्त



हो जाते हैं, लेकिन वो लोग नहीं हारते, जिनके पास मेहनत और लगनशीलता की पूँजी होती है। कहा भी गया है—

"वह पथ क्या, पथिक कुशलता क्या, जिस पथ पर बिखरे शूल न हों, नाविक की धैर्य— कुशलता क्या, यदि घाराएँ प्रतिकूल न हों।"

अतः संघर्ष ही इंसान को मजबूत बनाता है फिर चाहे वह इन्सान कितना भी कमजोर क्यों न हो।

> श्रीमति ज्योति श्रीवास्तव टी.जी.टी. (हिन्दी)

## नारी की कहानी

नारी तेरी यही कहानी
आँचल में है दूध
और आँखों में है पानी
पर ऐ नारी अब तेरी
बदली है कहानी
तू कर सकती है अपनी मनमानी
अपनी शिक्षा, शौर्य, बुद्धिमानी, दया, प्यार से
तूने करदी है दुनिया दिवानी
ना ले पायेगा तुझसे अब कोई कुर्बानी
क्योंकि तूने है मन में ठानी
कि बदलना है इतिहास
और बदलनी है ये कहानी
हाय! अबला तेरी यही कहानी...



सविता प्रसाद पी.आर.टी

# Impressions Expressions

