

THE QUEST

MONTFORT SCHOOL, ROORKEE



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Principal's Message

The world is the home where we are invited to live in profound fraternal communion with all men and women of our time as well as with all creation. However it must be cared for and built up in such a way that it is transformed into a home of universal fraternity where all have a place, where fraternal relations, marked by deep respect, exist between humanity and creation. Journeying with people of different religions, races, and cultures, and after



seeing and listening profoundly to the joys and sufferings of humanity, we are touched by the poverty, inequality, exclusion, violence, and environmental destruction that are present in today's world. We suffer the pain of our peoples and we are impelled with a deep desire to commit ourselves with greater passion and compassion to justice, peace, and the integrity of creation.

"The Earth, our common home, "now cries out to us because of the harm we have inflicted on her by our irresponsible use and abuse of the goods with which God has endowed her" (Laudato Si). It is our bounden duty to safeguard the resources of nature, to make responsible use of it and to educate and sensitize our children to become responsible men and women to safeguard the integrity of creation. Hence the School has decided to give priority to create a scheme to integrate the curricular and co curricular activities of the children with this concept of education for sustainable development.

The first years of every human being's life are the most favorable ones for developing the attitudes and values that form the basis of their personalities. The structure of values and attitudes built in the early years are the strong and permanent roots for one's entire life. They will always be used as References for main decisions that challenge men and women. Those first values determine ethical and moral behaviors throughout life. When a person has to face difficult and complex situations, or when a new challenge demands important decisions, those values that originally carved the personality will guide options and resolutions, reactions or behaviors. Therefore, if we desire that adults, in the next generation, respect nature and care for the planet, it is important to include now, in the early childhood education curriculum or programme, involving the study of nature, and the interdependence between human beings and the environment. Everything deeply lived, practiced and felt in the early years of human development remains for the rest of one's life.

Therefore, we, in Montfort have decided to integrate the study of nature to be included as one of the areas of activity and to inculcate in them the sense of preservation of nature, trees, animals, birds and to keep themselves and their surrounding clean and healthy.

Hence we have taken education for sustainable development with special emphasis on 'Green India' and 'Clean India' as the theme of this News Letter. The Editorial Team and the students have taken a lot of trouble, as usual, to make it a very qualitative News Letter. For a change, the e-care agency who have become part of our School communication system will be greatly involved in publishing this News Letter. I extend my appreciation and gratitude to all those involved in preparing the News Letter. I wish you all God's blessings!

Bro. Jose Thottiyil Principal

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Vice Principal's Message



'Education of the heart is the heart of education'.Montfort School ever strives to be a beacon of light to the young generation by

igniting their minds into new insights. The education that is envisaged by Montfort school is a

holistic one. Our School encourages the students to think different and empower themselves to set priorities in their lives. It involves the development of the heart through a harmonious integration of physical, intellectual, emotional, moral and spiritual spheres of one's life; thereby the school makes a sincere effort to raise something extra ordinary from ordinary sphere.

Tom Bodet said "The difference between the school and life is that in school, one is taught a lesson and then given a test. In life, one is given a test that teaches a lesson".

Education enables all to search for the truth by training them to analyze reality, to form critical judgments, search for solutions and work out a synthesis thereby they develop a moral conscience that is capable of discerning what is good and choosing it.

Education needs to transform the students to face the hardships or realities of life with courage, and to focus on solutions to the problems, and to overcome the obstacles with the power of knowledge and experience.

Montfort School helps its students to understand that fatigue is often a mental creation that stems from doing things people do not like to do. Students need to understand that it is not because things are difficult that they do not dare, but because they do not dare that things are difficult. A learning environment is provided in the school, to frame, to form and to transform children in accordance with the requirements they live in.

Today, knowledge is available at the click of a button. Sophisticated electronic gadgets introduce and immerse the new generation into the World Wide Web of information and relationships. More often the children do not perceive the hidden dangers of these facilities and they land into chaos and confusion which leads to perversion in lifestyle and relationships. The role of Montfortian education becomes more significant and challenging at this juncture. Montfort School gives importance to the human virtues so that the coming generation may be intellectually brilliant, emotionally balanced and morally upright, committed and creative.

I wish you all a bright future and happy learning.

Bro. Albert Abraham Vice Principal

Editorial



Dear Parents,

All forms of art and scientific invention are the result of creative thinking. Creativity enhances one's skills and generates in one genuine happiness. Doing different things and doing things differently is creativity. When even simple things are done differently, they bring a freshness that helps us to break the monotony of life.

Creativity brings about a feeling of satisfaction, pleasure and achievement for the creator. We, too, enjoyed every moment of creating and bringing out this 'e' edition of newsletter-'The Quest'.

Term-I started with the orientation programme incorporating the youngest 'generation' in the Montfortian family and continued with a plethora of curricular and co-curricular activities. It was also blessed by the visit of our superior General Rev. Bro. John Kallarackal and Provincial Superior Bro. James Ekka.

'Total Education' which implies a holistic approach to education and which is concerned with the total development of an individual as a person, is the quintessence of Montfortian education.

It aims at developing body, mind and spirit to the greatest extent. It is concerned with forming a moral conscience that is capable of discerning what is good and choosing it. It instills in students the values of freedom, love, forgiveness, honesty and justice and helping the children to imbibe these values is the religious congregation of Brothers of St. Gabriel. A religious Brother is a member of a catholic religious institute who commits himself to following Christ, advocates strongly a spirituality of contentment, compassion, equality, justice, peace and his entire life is dedicated towards human promotion and value-based transformation in the society.

It was, therefore, a moment of great pride and jubilation for our school when the entire school, Montfortian community and near and dear ones celebrated our Principal Rev. Brother Jose Thottiyil's 50 years of selfless service to humanity.

This edition brings before you an insight into the various activities and achievement of our Montfortians. Hope it fills your heart with joy, contentment and happiness as you peep into their world

Happy Reading !!

Deepali Bhatia (Chief Editor)

Student Editorial



Nature works in a beautiful rhythm. We breathe in and out continuously in life. The sun rises and sets, night follows day. Seasons come and go, so do the years. Everything around us follows a pattern. We have also completed an academic cycle. And now it's time to start another.

Like every year we have already said good byes to our class 12th, some of whom have brought laurels

to our school and some of our friends from class 10th. We have also welcomed our tiny friends from class LKG and 1st.

That's life but nature too undergoes some changes in its cycle and so have we.

This year Montfort is with you in a new digital form viz e-care. We have taken a tiny step towards achieving our goal of Digital Montfort.

So to strengthen our Brother Principal's dream of 'Green India' and at the same time to give a strong message to everyone, we have also come up with this e- newsletter. I believe that sharing begins to build in all of us a history of shared experiences, and these experiences teach us many things. The newsletter will again share with you the gems created by our young budding writers, poets, philosophers and scientists. It's their version of how they see the world and interpret different things. We are presenting before you the treasure trove of delights. We hope you all will extend the same love to it the way you gave to our earlier editions. Wishing you all a happy reading!

Tirtha V Sawant X B

Cover Story

Clean India, Green India



When on a scorching summer day even a little rain seems to be an elixir of life, the lustre of nature, the pulchritude of greenery around us is auspicious. We get to see an absolutely different side of Mother Earth which is appreciable. We all desire such an environment which is soothing to our 'ever-busy' minds and hearts. And I think, our Prime minister, Mr. Narendra Modi has

taken a positive step in this direction. He recently started a campaign – CLEAN INDIA, GREEN INDIA. It has two building blocks the cleanliness drive, popular as Swachh Bharat Abhiyan and tree plantation which was earlier carried out in a few states of India and that too on the Earth Day and the environment day only. Today, India is in a sorry state of affairs, with its ever increasing population, rapid and uncontrolled urbanization and with the notion of 'Need for Speed' gaining popularity. we are sure that we are developing, but can we sure-footedly say

that yes, we are lending a hand in protecting the environment? No, we cannot. Modernizing ourselves and changing the way in which the world sees India and Indians, we have left Mother Nature far behind. This reminds me of a native American saying – "When the last tree is cut down, the last fish eaten and the last stream poisoned, you will realize that you cannot eat money." Isn't it true? At the end we will realize our folly and then there will be no use crying over spilt milk.

So, why not take steps in the first place? If Mr. Modi has taken up this goal of cleansing India by 2019, then why should'nt we take an active part in it, instead of counting its pros and cons? The clean India programme aims to mobilise community responsibility for environmental assessment and improvement. The Green India programme advocates celebrating traditional tree plantation movements such as the Chipko Movement, Van Mohatsav etc. If these two programmes are executed correctly and followed by the majority of Indian population, then India will surely be a perfect combination of phenomenal success and perfectly well-maintained greenery and a divine and flourishing environment which is a great milestone in itself.

- A society turns great when the old men plant trees, knowing fairly well that they won't live long enough to sit in the shade of the same trees.
- We are the ones who have the potential to complete and fulfill the vision of our forefathers of a clean and green India.

 Risha Kulshrestha

Risha Kulshrestha XII B

Class-X (Meritorious students — CGPA 10)





AARUSHI



ADITI GOYAL



ADITYA AGARWAL



AJAY RAJ



AMAN TARIQ







ANUSHKA



ARCHIE



ARPIT SAINI



AYUSH CHOUHAN DAKSH AGROHI





DEV VRAT KAPIL



GAURI SAINI



HARISH



HARSH AGARWAL



HARSHITA



KAPIL



KARTIKAY



MAHEK



MUDIT



NIKITA



OSHIN



PARITOSH



PARTH DUA



POORVA



PRACHI



PRASHANT



PRINCE VATS



RITIKA SAINI



RITVIJ



SAKSHI RASTOGI



SHIVANSHU



SIBI





SIDDHARTH THAKURSPARSH BANSAL



TANNU



VAIBHAV CHAUHAN VAIBHAV SAINI





VANSHIKA



VARUN VATS



VIBHOOTI



VINAYAK



YATHARTH



YASHASWANI

Result-Class X11 (2015-16)

SCIENCE STREAM TOPPERS



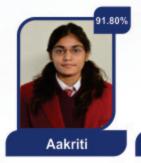


































COMMERCE STREAM TOPPERS













Achievers



Sneha Daniel of Class – X secured All India 10th rank in the English Olympiad.



Krishna Gupta of Class-VII stood 1st in the U-15 Badminton (Doubles) at the District level.



Harish Gupta (L) and Divyanshu Verma (R) of Class- XI secured 2nd position in U-17 District Badmintion Championship (Doubles)





Aroonima (Right)
and Anshika (Left) of
Class- X represented
Uttarakhand in the U-16
Basket ball Championship
and secured 3rd Position.





Kartik Sharma of Class-X represented Uttarakhand in the U-16 boys Basket ball Champion ship & secured 2nd Position.



Aradhya Sharma of Class-X was declared 1st Runner-up in the 8th level UCMAS Abacus mathematics competition at the National Level.



Dhruv Kumar, Utsav Roy (pic), Gaurav Pandey and Ashuwani were selected and represented Uttarakhand State Cricket Team at the National Level.

Intra School Activities

(KG) Orientation Day









The Orientation day was organized by KG and Class I teachers on 5th April, 2016. It was the day when parents of all new admissions in KG and Class I were formally welcomed to Montfort Family. The programme began with a prayer song which was followed by the briefing up of parents with the 'Vision and Mission' of Montfort School. Rev. Bro. Jose nurtured the knowledge of the parents by his precious experience and explained to the parents the value of 3H's – Head, Heart and Hand. It was for the first time that KG students gave a performance for the parents.

Hindi Writing Competition

Handwriting is considered important for cognitive development. It helps the brain to integrate visual & tactile information. Primary section organized a Hindi writing competition on 21st April, 2016 with this objective in mind. Students of classes I–V participated in this competition.

Skating Competition



Skating is an accessible and social pastime which offers a diverse range of health and fitness benefits. It provides complete aerobic workout and involves all the body muscles.

The school organized a Skating competition for classes I to V on 23rd April, 2016 in the Skating rink of the

school. The students participated in this activity with great devotion and excitement.

Drawing Competition







'Drawing makes you see things clearer and clearer still, until your eyes ache.'

To bring out the creativity and artistic talents among students, a Drawing competition was conducted on 25th April, 2016.

Students from classes I to V participated in it to exhibit their creative skills on

different topics. Students proved that they not only excel in academics, but also shine in co-curricular activities. All the winners were awarded with certificates and prizes by our HeadMistress Sr. Punitha.

Best Summer Wear Competition









Kinder Garten section of Montfort School, Roorkee, organised the Best Summer Wear Competition on 29th April, 2016 under the guidance of K.G Coordinator Sr.Priya. Students participated in large number in their creatively assembled wear. It was a fun filled day.

Best Out of Waste Competition







In order to make children aware of the use of waste materials and the need to reduce waste, a 'Best out of Waste' competition was organised for the students of classes I-V on 9th May, 2016. Students created beautiful decorative items out of the waste material.

A visit to places of worship



Prayer has no language, it knows no boundations. KG children were taken to the different places of worship situated inside BEG and centre, on 7 th October, 2016. They were given the information about various rituals performed in different religions.

English Cursive Writing Competition



'Everyone is a genius. But if you judge a fish on its ability to climb a tree, it will live its whole life believing that it is stupid'.

English cursive writing competition was held on 12th May, 2016 for classes I to V. It was really interesting and challenging to know one's vision of life through

their hand writings. Writing is the strength and power for an effective communication.

Children participated with great zeal in the competition.

Collage Making Activity







Cutting, pasting and just handling the scissors is the favourite time pass of our little ones and keeping this in mind, a collage making competition was held on 17th May, 2016. Students came up with innovative and very creative ideas to make collage on 'Fruits' (LKG) and 'Landscape' (UKG)

Clay Modelling Competition

A Clay Modelling Competition was conducted on 8th July, 2016. The competition was neck to neck as the beautiful creativity could be seen on the tables. Flowers making was the theme for L.K.G & U.K.G. Moreover, students enjoyed playing with the clay. Watching these children work delightfully with their tender hands brought back our childhood memories.

Music Activity



Music gives soul to the universe, wings to the mind and light to the imagination. School activities lead to an all round development of the students. Keeping this in mind, a music activity was organised on 09th August, 2016 for classes I - V.





This was a golden opportunity for young singers to showcase their talent. All the classes presented melodious songs on different themes-semi-classical, folk, patriotic, etc.

English Declamation Activity

An English Declamation Activity was conducted on 12th July, 2016 in the primary wing. Some of the topics given for the Declamation activity were related to the burning issues like 'Harmful effects of mobile phones', 'Save water' and 'Importance of Education'. The activity was conducted in the respective classrooms. The criteria for judgment was pronunciation, presentation, confidence, content and clarity of speech. Children participated enthusiastically in large numbers and the judges had a hard time deciding the winners.

Maths Model Making









Maths Activity was held on 14th July, 2016 in the school premises. Individual activity was given to classes I - III on the various topics and group activity was done by classes IV - V

Inter Section Activity of Class TX



The school organized an Inter section activity for class IX on 20th July, 2016. There were 6 activities: Graffiti, Montchef, Jewellery designing (using edible things), Jingling, Best out of waste (using stationery items) and Tug of war. The students put up an excellent performance in a healthy competitive environment. These type of activities help in improving thinking, creative and social skills.

Visit to Court



Teaching and learning becomes effective when it is carried beyond the limitations of textbooks. To have an hands on experience and to have some understanding of the Indian Judicial system, students of class V were taken to Roshnabad High Court under the supervision of Mrs. Anjali. It was a unique experience for the children as

they witnessed a live trial.

Best Out of Waste -KG



the best way.

The Best out of waste activity for KG was held on 11th August, 2016. Our super talented little fellows took part with full

enthusiasm. They used imaginative ideas to make beautiful landscapes using waste materials The activity was conducted to give wings to the imagination of the

children. and to give them a chance to think out of the box. This activity gave them a chance to utilize waste things in

Quilling Card Making Competition





Quilling is an art form that involves the use of thin strips of colourful paper that are rolled, shaped and glued together to create decorative designs.

A Quilling card making competition was organized in the Primary Section on 17th August, 2016. Students from classes III-V created beautiful patterns and designs on the topics assigned to them. Class V students made greeting cards while class IV made quilled fish. Class III made beautiful patterns in Quilling.



Montfort School, Roorkee organized a fancy dress competition for class VI on 20th August, 2016 on the theme 'Prominent Personalities and Leaders of India'. Each Section of class VI had representation from four houses. The participants performed enthusiastically depicting the personalities of their choice. The competition brought an amiable ambience and the crowd encouraged the participants with their loud applause.

The Vice Principal, Bro. Albert Abraham highly appreciated the event and motivated the students to follow the life of the great personalities. The coordinator Mrs. Lizy Philip and the judges Mrs. Jyoti Tiwari & Ms. Guneet praised efforts taken up by the participants and the teachers to make this event a commendable one.

Inter School Science Symposium



An Inter School Science Symposium was organized in the school on 22nd August, 2016. The topic was 'CHEMICALS IN FOOD INDUSTRY.' Six schools participated in the symposium. They were—APS-1, St. Ann's School, Greenway School, St. Mary's Jwalapur, DPS Roorkee, DPS Ranipur and the host school.

The students highlighted food additives, their types and the advantages and disadvantages of using them.

The chief guest was Mrs. Kusum Sharma who has a vast experience in the field of education. Addressing the students, she encouraged them to prefer natural food to artificial ones. The event was conducted under the able leadership of Bro.Albert Abraham (Vice Principal), Mrs. Santina Fernandez (Senior Coordinator), Mrs. Anchal Verma, Mrs.Shalini Sharma and Mrs. Meenakshi Manhas.

Science Exhibition



A Science Exhibition was organized on 24th August, 2016 along with PTM for classes I-V. The purpose of the exhibition was to draw out the best, innovative ideas in the field of science from the students. The students made beautiful models related to the topics like solar system, simple machine and Clean India, Green India. The rooms were beautifully decorated according to the themes.

Children explained their models enthusiastically to the parents who came in large number to visit the exhibition. The parents highly appreciated the efforts made by the teachers and students.

Maths Quiz



Mathematics is actually a world full of curiosity, excitement and creativity. In a life-time, we get to know only 10 to 20% of this wonderful subject. India's contribution to mathematics is immense starting from Vedic Maths, invention of zero etc. To inculcate curiosity and excitement in our students, an Inter-house Maths Quiz Competition was held on 29th August, 2016 in our school for classes VI-VIII. This competition was conducted in two rounds – a written test for the first round and the final round was an oral quiz. The students participated enthusiastically in the competition.

Visit To 11T

As a part of the development and knowledge enhancement programme conducted for students of our school, a motivational cum educational visit to Earthquake

Department and Climatological Department was organized for the classes IV-V along with teaching staff comprising of Sr. Julie, Mrs. Chandini Manglik, Miss. Puja Jain and Mrs. Neha Khattar, to the esteemed institute - Indian Institute of Technology, Roorkee on 29 th and 31 st August, 2016. The senior professors and lecturers shared their lifetime experiences. The students were taken to the Earthquake lab and were shown the Seismograph and the Richter scale.

English Skit Activity

The English skit activity was conducted for classes I to V on 1st September, 2016 in the School auditorium. The children participated enthusiastically and showed their hidden talents and also taught us various moral values as well as the way of speaking and learning English.

The activity was conducted successfully with the help of all English teachers.

The entire activity was supported and guided by the Head Mistress Sr. Punitha.

Excursion and Picnics

Montfort School, Roorkee organized a one-day educational excursion for the students of classes XI-XII to Chandigarh on 1st October, 2016. The sightseeing trip included Pinjore Garden, Rock Garden, Sukhna Lake and the market of Sector-17. During the tour, the students had an opportunity to learn about the Mughal architecture at Pinjore Garden and 'Best out of waste' from the Rock Garden. The Primary section organised a picnic for Classes I-III and IV- V to the Crystal world and Buddha Temple cum Malsi deer park respectively, on 15th October, 2016. They were accompanied by their class teachers.

Hindi Debate Competition



A Hindi debate competition was organized for the students of class- VIII. Two students from each section put up their views FOR and AGAINST the following topics:-

- 1. Is mobile phone important for the students?
- Relevance of grading system in the schools.

Mrs. Vandana Saxena who judged the competition appreciated the students for their ability to present the topics in a systematic manner. Co-ordinator Mrs. Lizy Philip praised the students for their efforts and the talent in expressing their views confidently.

Class X1 Inter — Section English Debate Competition

Montfort School, Roorkee, organised an inter-section English Debate competition for class XI in school auditorium on 25th October, 2016. The topic statement for the debate was: 'There should be a minimum educational qualification prescribed for a candidate to contest elections in India'. Three students from each of the four sections participated in three categories.

Aakriti Arora of class XI C was adjudged the Best Speaker for the motion.

Vanshaj Mediratta of class XI B won the Best Speaker against the motion & Samidha Gupta of class XI C was adjudged the Best Interjector.

Class XI C was declared the overall winner for the competition.

Exhibition



An exhibition for classes VI-VIII was organized for the parents on 15th October, 2016, in the school auditorium Students displayed different models relating to Science, Mathematics and Social Studies. The purpose of the exhibition was to allow the students to explore on their own and learn by doing.

The exhibition was inaugurated by the Principal Bro. Jose Thottiyil. The students had a host of things to display from charts, The Principal appreciated the efforts of the students. The enthusiasm of the students reflected in the atmosphere of the auditorium. where they were found eager to explain the concept of their piece of art to the delighted parents. Parents thronged the school auditorium in large number and took a keen interest in going around, observing the variety at display.

Inter School Activities

Inter-School English Debate competition

Montfort School, Roorkee, participated in an Inter-School Debate Competition organised by Army Public School 1, Roorkee, in their school auditorium on 27th April, 2016. Ten schools participated in the competition. Montfort School was represented by the following students:-

- Ansh Gupta of class 10 C as 'speaker for the motion'
- ii. Samayika Jain of class 10 D as 'speaker against the motion' and
- iii. Sneha Daniel of class 10 D as Interjector.

The topic for the debate was 'Indian Reservation Policy - an opportunity for the world'. Ansh Gupta and Samayika Jain, both won the first prize in their respective categories. Team Montfort was adjudged the overall winner of the competition.

Inter School Dance Competition

On 7th October, 2016, Montfort School participated in an Inter School dance competition organised by IIT, Roorkee on the occasion of Durga Puja.

Six schools participated in this event. Each school had a team of 6 students. All the schools performed extremely well. It was a very tough competition and all the teams gave their best. Everyone was delighted to see such wonderful performances by the different schools. In this competition, our school won the 3rd prize and was awarded a trophy. The judges & the audience were spell bound during the entire program.

Sports Activities

Sports play an important role in a student's life. They are not only required for a strong and healthy body but also for a sound mind. Keeping this in view, Montfort school organises and participates in a plethora of sports activities. We present a bird's eye view of various such events or activities that took place in TERM-1.

31st Br. C.J. Bergin Memorial Inter School Townament

Our school cricket team (U-19) participated in 31st Br. C.J Bergin Memorial Inter School Cricket Tournament held at St. Mary's Academy, Meerut from 8th-16th April, 2016. In this tournament where 16 teams, from different cities like Agra, Delhi, Dehradun etc participated, team from Montfort Sr. Sec. School, Roorkee was declared Runners-up.

Sports Fort Night

Sports fort night was organized in the school campus from 28th April-13th May, 2016. More than 1000 students took part in various categories- Football, Basketball, Badminton etc. All the participants played with energy and team spirit. Gandhi House emerged as winner in the activity followed by Teresa House and Bhabha house.

Inter School Skating Championship



An inter school skating championship was organized in Scholar's Academy, Roorkee on 1st May, 2016. Harshita Rawtani (5C) achieved the first position and Suditi Jain (2F) bagged the third prize.

Summer Camp





A summer camp was organized in the school campus from 28th May-7th April, 2016. 111 students participated in different sports- Cricket, Athletics, Football, Basketball, Skating, Badminton-of their choice and learnt the techniques to excel in their chosen fields. They were also taken to Fun Valley, Dehradun to enjoy rides and swings, a day prior to the closing of summer camp.

On the closing day, Principal Bro. Jose gave away medals to the outstanding sports persons in their respective fields and motivated them with his inspiring words.

Chess Competition

The highest function of education is to bring about an integrated individual who is capable of dealing with life as a whole. Playing chess results in better brain function, improved memory and strategic thinking. Moving with the same approach, the school organized a competition for 'The game of Kings' i.e Chess for the Primary section from 4thMay, 2016-7th May, 2016 and for the senior section from 19th – 20th August, 2016.

Tug of War



Montfort School, Roorkee had organised a Sub - Junior Inter House Athletics competition & Tug of War competition for classes VI - VIII from 13th July, 2016 - 15th July, 2016. Teresa House stood at first position.

Gandhi House & Bhabha House stood at second position Tagore House got the Third position.

District Badminton Townament

The students of Montfort school, Roorkee never lag behind in sports. Our school gives due importance to physical fitness and an opportunity to the new comers in the sports field. From 5th August-7thAugust, 2016 Bhalla College, Haridwar organized a District Badminton Tournament in which almost 250 students participated. From our school, 18 students took part in this tournament. In doubles under 15 years age group, Krishna Gupta of class VII-D was selected for the finals and under 17 years age group, Harish Agarwal of class XI-C and Divyansh Verma of class XI-A were runners up. Bro. Jose congratulated the participants and encouraged them to take more and more interest in games, sports and other co-curricular activities.

District Basketball Townament

Delhi Public School Haridwar organized an inter school Basketball competition from 26th August, 2016 - 28th August, 2016 for girls under 16 years. 8 schools (including ours) participated. Our school basketball team stood 3rd in the competition.

Inter-section Football Townament



An Inter-section football competition started for classes IV - V on 30th August, 2016 and ended on 2nd September, 2016. All the four houses participated with great enthusiasm and zeal.

For class IV, the two teams which entered the finals were Tagore house and Bhabha house. After the final match, Bhabha house was declared as the winner and Tagore house was the Runners-up.

For class V, Tagore House and Gandhi House qualified for the finals. Tagore house bagged the first place and Gandhi house was the Runners-up.

The whole playground was brimming with encouraging slogans. The children felt boundless joy when their teams won.

State Basketball Townament

Three students from our school were a part of District Haridwar Basketball team which participated in the tournament at state level in Haldwani from 9th- 11th September, 2016. Aroonima (10A) and Anshika (10C) were members of Girls Basketball team who stood third whereas Kartik (10A) and his district team came first.

Montfort Cricket Cup



Montfort Senior Secondary School organized the 07th Montfort Cricket cup from 13th October-24th October, 2016. 16 Schools from different places like Laksar, Purkaji, Haridwar & Roorkee participated in the tournament. The final match was played between Montfort School and DPS,

Roorkee. Montfort School won the Runners-up trophy. The participants gave their best in the tournament.

Bro. Ambrose Memorial Cricket Townament



Brother Ambrose Cricket tournament was organized by Montfort Senior Secondary School for the first time for the Primary students from 21st October, -24th October, 2016. Montfort school won the winners trophy. Montfort School defeated Roorkee Public School by 60 runs.

The students were highly energetic and showed a marvelous performance in the matches. Their performance highlighted their hardwork and a good future of Indian cricket.

Inter School Basketball Townament

Students of Montfort School,
Roorkee participated in the Inter
School basketball tournament
held at St. Ann's School from 8 th
October, 2016 – 12 th October,
2016. Our boys won the Runners
up trophy where as the girls stood
3rd in the tournament. They
showed a marvelous performance in
the Basketball court and were filled with

great zeal and enthusiasm.

Functions & Celebrations

Investiture Ceremony



Ceremonies are an important and traditional part of schools and institutions. The most important event for any school is the Investiture ceremony. To inculcate the leadership qualities and to give a feel of functioning of the administrative body, Montfort Sr. Sec. School, Roorkee had organized its Investiture Ceremony separately for the primary section on 11th April and for the senior section on 29th April, 2016. The newly elected cabinet was honoured with badges by the Principal.

Senior Cabinet

















Prefects



ABHINENDRA SINGH



ANANYA GOYAL



ARCHIE TAYAL





HARSHITA GUPTA



HRITIKA SAINI



MANYA GAMBHIR



RITVIJ SHUKLA







SAKSHAM SHARMA SANYAM AGARWAL SARTHAK LIKHWAR



SIDDHARTH THAKUR



SIMRAN THAKUR



VAIBHAV KAUSHIK



VAIBHAV SAINI





VIBHOOTI MAHAWAR



Bhabha House



(HOUSE CAPTAIN)



ANNIE SAXENA (ASST. HOUSE CAPTAIN)

Gandhi House



(HOUSE CAPTAIN)



AAKRITI ARORA (ASST. HOUSE CAPTAIN)

Tagore House



SPARSH AHUJA (HOUSE CAPTAIN)



Teresa House



(HOUSE CAPTAIN)



ROLEE AGARWAL (ASST. HOUSE CAPTAIN)

Junior Cabinet



SAMBHAV SINGHAL (HEAD BOY)



RAGYA AGGARWAL (ASST. HEAD GIRL)



MOHD.TALHA (SPORTS CAPTAIN BOY)



RUDRAPRATAP SHARMA (ASST. HEAD BOY)



SANSKRITI SAINI (SPORTS CAPTAIN GIRL)

Prefects



AKSHAT AGRAWAL



AVNI



BHAVYA MANGLIK



DAKSH CHAUHAN



DAKSH GOEL



HIYA GARG



NAYAN SHANKAR



PRAGATI SHARMA



PRANJALI DEVRANI



RISIMA



SHLOK KOTHARI





TANVI CHOUDHARY



ABHINAV VIRATIYA



APURV SAINI



AKARSHI SAINI



DHRUV DHARIWAL



HARSH VARDHAN



JUWARIYA AHMED



RIDHIKA AGGARWAL

Bhabha House



(HOUSE CAPTAIN)



AVNI BALSARA (ASST. HOUSE CAPTAIN)

Gandhi House



TARANG MITTAL (HOUSE CAPTAIN)



FIZA RAO (ASST. HOUSE CAPTAIN)

Tagore House





NAMAN TYAGI (ASST. HOUSE CAPTAIN)

Teresa House



YACHIKA RANA (HOUSE CAPTAIN)



MANAV KALRA (ASST. HOUSE CAPTAIN)

A cultural programme was organized by the students of the primary section on the theme-Students are the torch-bearers of tomorrow. Our Principal Bro. Jose Thottiyil encouraged the elected leaders to be dutiful and responsible. He asked them to nurture and foster in them a sense of self respect, self discipline and the willingness to care for others.

Feast of St. Louise Marie De Montfort



'God has a wonderful plan to give you hope and purpose'. St. Louise Marie de Montfort is the founder of the society of Brothers of St. Gabriel. He believed in God and loved children. He was a poet, a painter, a musician, a sculptor, a missionary and founder of three religious congregations of brothers. He died on 28th April, 1716 but his spirit lives on. Every year, this day is celebrated as the feast day to pay tribute to this great soul.

This year too, the programme was organized both by the Senior as well as the Primary sections. Lighting of the lamp was followed by a prayer dance. Skits were presented on the life of St. Montfort. The programme concluded with the address by the Principal Bro. Jose Thottiyil.

Visit of Superior General



The staff of Montfort school, Roorkee organized a programme on 27th July, 2016 to welcome two distinguished guests of honour-Superior General Rev. Bro. John Kallarackal and Provincial Superior Rev. Bro. James Ekka. Bro John came all the way from Rome where he is rendering services as the Superior General of the congregation of Brothers of St. Gabriel.

The teachers put up a host of programmes to officially welcome the two guests. Our Principal Bro. Jose Thottiyil and Vice Principal Bro. Albert Abraham welcomed the guests with a memento and a bouquet. This was followed by the inauguration of the K.G. activity room. Bro. John and Bro. James congratulated the staff and stressed on the importance of building good relationship with the students for a better teaching and learning experience.

18

<u>Independence Day</u>



The 70th Independence Day of our country was celebrated in the school campus with enthusiasm and patriotic fervor. In the Primary section, it was organized on 12th August, 2016. The programme began by paying homage to our great freedom fighters. The students presented a mélange of patriotic activities which created an atmosphere of national pride and love for the country. The programme included a patriotic song, a skit based on the life of Rani Lakshmi Bai and a dance on the song 'chak-de'. In the Senior sections, it was celebrated on 15th August, 2016. It began with the unfurling of the national flag. Students from the Middle and Senior sections presented songs and dances that filled in everyone a feeling of patriotism and love for our motherland. This year, the supporting staff of our school also presented a patriotic song and an inspirational speech. Principal Bro. Jose Thottiyil threw light on the importance of the day and our responsibilities towards the country.

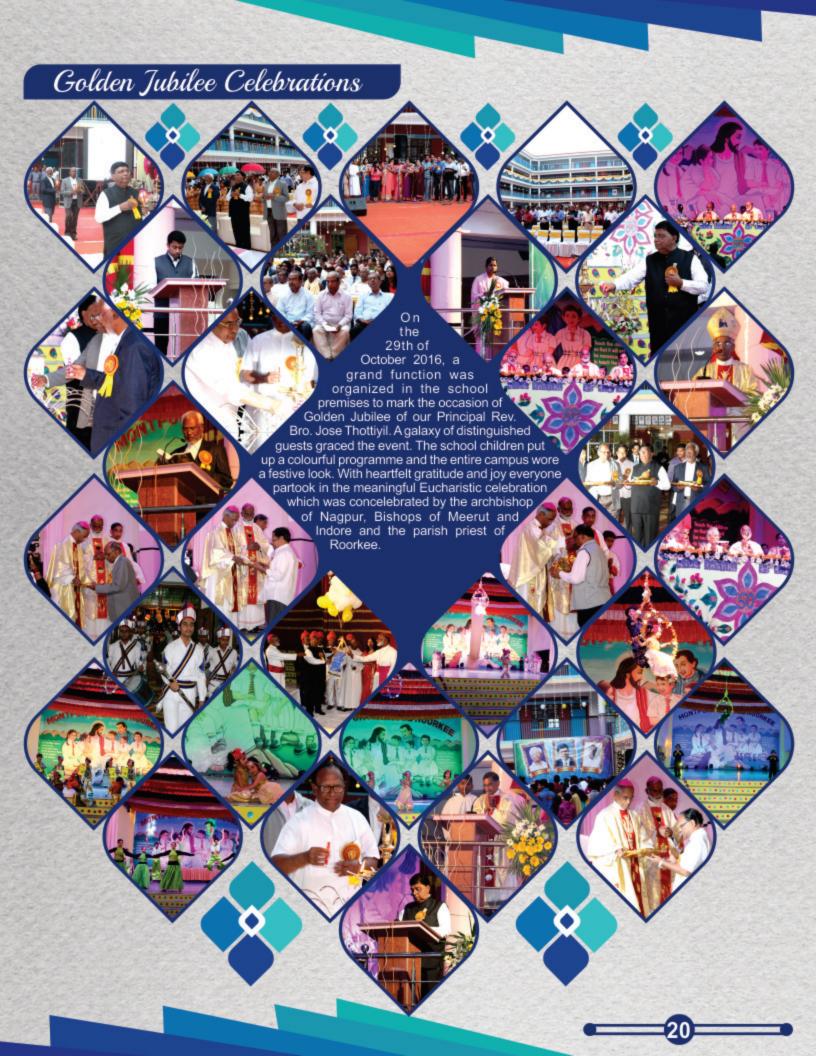
Teacher's Day

Teacher's day was celebrated with fervor and gaiety in the primary section on 3rd September, 2016. The programme began with a floral tribute to the greatest teacher of India. Dr. S. Radhakrishnan. A well organized programme consisting of dance and music made the day explicable. The students also presented a skit depicting episodes from the life of Dr.

Radha Krishnan. Teaching fraternity was felicitated by the authorities for imparting quality education. In the end, Vice Principal Bro. Albert Abraham appreciated the

endeavors of teachers who worked hard to mentor futuristic citizens of the country.

The students of Middle and Senior section organized a beautiful programme on 5th September, 2016. It started with the ceremonial lighting of the lamp by the Principal Bro. Jose Thottiyil and Vice Principal Bro. Albert Abraham, Head Mistress and Co-ordinators. The programme included a song, a skit and an energetic dance. The students expressed their gratitude and appreciation for their teachers through poems and speeches. The teachers were presented a token of appreciation by the Principal. He addressed the gathering and congratulated the student cabinet for putting up a good show.



Seminars

Monitors' Seminar



"If your actions inspire others to dream more, learn more, do more and become more, then you are a leader". - John Quinci Adams

Students of today are the visionaries and torch bearers of tomorrow. When we develop personality, skill and mind; we develop responsible human beings with leadership qualities. The Monitor's Seminar in the Primary section for the session 2016-17 was held on 13th April, 2016 to inculcate the sense of responsibility and leadership in the monitors with a theme-"Success is all about growing others". The monitors of the classes I - V participated in this seminar, which was conducted through a power point presentation, activities and motivational videos by Mrs. Anamika and Miss Isha. The Main objective of the seminar was to entrust faith and hope in the Monitors and Prefects for becoming role model to their fellow schoolmates. The seminar concluded with an encouraging speech by the Principal and the Head Mistress. Monitor's Seminar was conducted by Mrs. Kusum Rawat Negi and Mrs.Neelam Sharma in the Senior section on 29th April, 2016. The seminar was initiated with a prayer song. All the monitors and cabinet members were told about their duties and responsibilities. They were also shown some inspirational videos and it was followed by an interactive session in which the students actively participated.

In the end, Principal Bro. Jose Thottiyil addressed the students and guided the newly elected cabinet members and monitors on how to become effective leaders.

Seminar for Class V7

Seminar on the theme "Transformational Leadership" was conducted by Mrs. Jyoti Tiwari, the wellness teacher, for the students of class VI on 22nd April, 2016.

The Seminar started with a beautiful prayer song and was followed by some motivational videos on transformational leadership. Children were encouraged and explained as to how they can become good and effective leaders.

The Seminar concluded with the golden words spoken by the Principal Brother Jose and the coordinator Mrs. Lizy.

The Principal Bro. Jose stressed on the development of leadership qualities within oneself and urged the students to take the initiative to transform themselves and others.

Seminar for Class XTI

Seminar on the theme 'Time Management' was organized and conducted by Mrs. Jyoti Tiwari, the wellness teacher, for the students of class XII on 17th May, 2016.

The Seminar was especially organized for the students of class XII to help them to understand the importance of time management and self discipline. Some motivational videos were also shown to the students.

Seminar for Girls

A seminar was conducted on 8th July, 2016 by Mrs. Parul Amaan, for the girl students of classes IV – V. The main purpose of the seminar was to make them aware of hormonal changes. So, that they can face the challenges of life boldly.

Seminar for Adolescent Period



Seminar on the theme 'Adolescent Period' was conducted by Madam Supriya Daniel for the students of class VI - VIII on 11th,12th and14th July, 2016.

The Seminar was organized with the purpose to help these children to handle the problems, they face during the adolescent period, in a more better way. The seminar motivated the children to move ahead in their life, crossing all the barriers to achieve their goal.

Seminar for Class X7



Seminar on the theme Dream Big was conducted by Mrs. Jyoti Tiwari, the wellness teacher, for the students of class XI on 20th July, 2016.

The Seminar was organized with the purpose of explaining the importance of a 'dream'. The dream helps the child to be determined

and focused to achieve his/her goal.

Eco-Seminar



Eco-seminar was conducted on 21st July, 2016 by Mrs. Jyoti Saxena and Mrs. Anamika Mandal under the able guidance of the Headmistress Sr. Punitha. The seminar began with a prayer song followed by the activities and inspirational videos which included usage of paper bags, water

management, tree plantation drive etc. Teachers urged the students to plant trees and become Earth saviours.

Seminar for Class X



On 10th August, 2016, a Seminar was organized on the theme "Dare to Dream" for the students of class X by the wellness teacher-Mrs. Jyoti Tiwari .The coordinator Mr.Deepu Thomas and class teachers of class X were also present.

The Seminar was organized with the purpose of helping

the students to set up their priorities and then work hard with sincerity and dedication to achieve or fulfill their dream or goal.

The Seminar started with a beautiful prayer song. It was followed by a power point presentation and some motivational videos.

The students participated with a lot of enthusiasm and came out with excellent answers to the questions put up.

The Principal Bro. Jose addressed the students and emphasized upon the fact that dreams can be definitely achieved and also added that one should 'dare to dream'.

Seminar for School Principals

Regional Summit of School Principals on Prevention and management of Mental Health Problems in School Children was organized jointly by Institute of Counselor Training Reasearch and Consultancy and Hopetown Girls' School on 11th August, 2016 at Hopetown Girls' School, Dehradun.

The programme was attended by the Vice Principal, Bro Albert and the Wellness Teacher, Mrs. Jyoti Tiwari.

The resource person for the programme was Dr. Rabindram. The programme started with a discussion on various mental health problems faced by the youth today. The main motive of the programme was to help the School

The main motive of the programme was to help the School Principals to identify the various mental health problems as early as possible and then to prevent them by providing proper direction and guidance to the teachers and parents.

Seminar on National Education Policy

The Ministry of Human Resources Development has embarked on an exercise to review the education policy and seeks feedback from stakeholders. The new National Education policy, 2016 envisions a credible education system capable of ensuring inclusive quality education and lifelong learning oppurtunites for all. In this context, ABN school organized the Roorkee Consultation NEP-2016 on September 24th, 2016. Two teachers (Mrs. Santina Fernandez and Mrs. Shalini Sharma) and one parent (Mrs Indu Arora). participated in the programme. The objective of the consultation was to bring out a list of proactive recommendations as an outcome of the interaction during the course of the day. While there were a few presentations, there were panel discussions and group discussions giving maximum opportunity for airing one's views.

Seminar For Class - TX

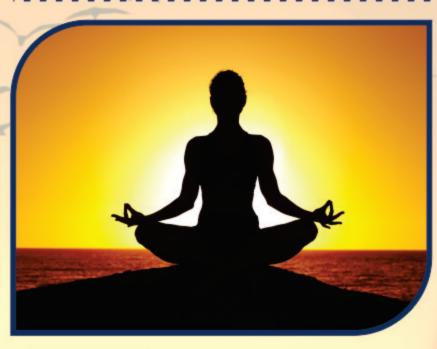
On 27th August, 2016, a seminar was organized on the theme "Time Management" for the students of class IX by the wellness teacher Ms. Jyoti Tiwari.

The Seminar was organized with the purpose of helping the students to manage their time efficiently.

The seminar started with a motivational video followed by a power point presentation and few more motivational videos. The students participated with a lot of enthusiasm.

Hindi Section

विद्यार्थी और अनुशासन



"मानव का कल्याण , जगत में ऊँचा आसन, हो सकता है बंधु तभी यदि हो अनुशासन।"

अनुशासन के अभाव में समाज और मानव का कल्याण संभव नहीं। फिर यदि बात विद्यार्थी की हो, उसके लिए तो यह अति आवश्यक है क्योंकि कहा भी गया है कि "भारत के भविष्य का निर्माण उसकी कक्षाओं में हो रहा है।" तो केवल विद्यार्थी को दोष देना कि वह अनुशासनहीनता के शिकार हैं, कहाँ तक न्यायसंगत है ? बालक तो उस गीली मिट्टी के समान है जिसे किसी भी सांचे में ढाला जाए तो वह उसी रूप को धारण कर लेती है। अनुशासन का शाब्दिक अर्थ है—शासन अर्थात गुरूजनों द्वारा दिखाए गए मार्ग पर नियमबद्ध रूप से चलना। विद्यार्थी और अनुशासन का चोली दामन का



साथ है क्योंकि अनुशासन की वास्तविक परिभाषा तो विद्यालय के वातावरण में आने के बाद ही ज्ञात होती है। अनुशासित विद्यार्थी ही प्रत्येक क्षेत्र में सफलता के परचम लहरा सकता है। अनुशासन ही विद्यार्थी को समय और बुद्धि का सही प्रयोग करना सिखाता है। अपनी शारीरिक और मानसिक ऊर्जा को व्यर्थ करने की अपेक्षा सही स्थान पर केंद्रित कर वह शक्तियों और क्षमताओं का सदुपयोग करना सीख जाता है जो उसके उज्जवल भविष्य के लिए भी लाभप्रद सिद्ध होता है। ठीक ही कहा गया है:—

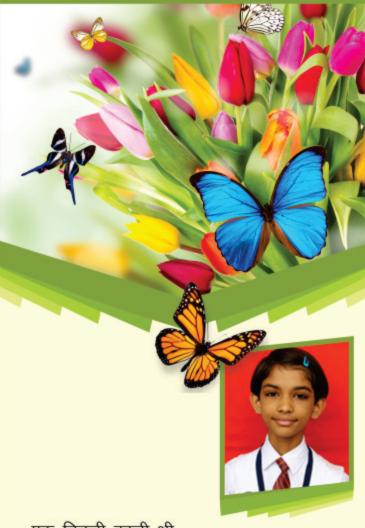
"अगर चाहते हो जीवन में, मिले सफलता का सिंहासन। मर्यादा में रहना सीखो, करो सदा पालन अनुशासन।"

विद्यार्थियों में फैल रही अनुशासनहीनता का प्रमुख कारण आज की व्यस्तता है, जिसका प्रारम्भ बालक के परिवार से ही होता है। विद्यालय में तो विद्यार्थी 5—6 घंटे रहता है परन्तु बाकी समय तो वह घर में ही व्यतीत करता है। परिवार बालक की प्रथम पाठशाला है। माता—पिता ही उसका आदर्श होते हैं। अनुशासित माता—पिता अपनी तरह बच्चे को तभी बना सकते है जब वह बच्चे को उसके लाभ के विषय में बताएँ, उसके साथ कुछ समय बिताएँ। अनुशासन का मतलब शारीरिक दंड बिल्कुल नहीं हैं, अपितु प्रेमपूर्वक ही अनुशासन स्थापित किया जा सकता है।



8—'sl'

प्यारी तितली



एक तितली काली थी,
वह तो बड़ी निराली थी।
कली-कली पर वो जाती थी,
फिर न वापिस आती थी।
जब-जब वह इठलाती थी,
कली-कली खिल जाती थी।
फूलों की वो जानी पहचानी थी,
हमेशा करती वो अपनी मनमानी थी।

आद्रिका 3 इ

जीवन क्या है ?

कभी खुशी की आशा, कभी मन की निराशा, कभी खुशियों की धूप, कभी हकीकत की छांव, कुछ खोकर कुछ पाने की आशा, शायद यही है... जीवन की परिभाषा..!

●एक अमीर आदमी हँसता हुआ कहता है कि "पैसा ही जीवन है।"

•एक गरीब आदमी फटे हुए कपड़े पहनकर ठण्ड से ठिठुरता हुआ कहता है कि "जीवन संघर्षों का नाम है।"

•वसंत ऋतु में वृक्ष का पंछी कहता है, "जीवन पके हुए फलों के बगीचो के समान है।"

एक चिड़िया जो आसमान में घूम रही है कहती है,
 "आजादी ही जीवन है।"

•एक पक्षी जो पिंजरे में बन्द है मजबूर होकर कहता है, "जीवन गुलामी का नाम है।"

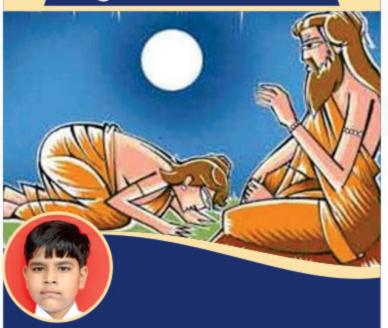
•एक साधु अपने प्रवचन में कहता है, "जीवन केवल परमात्मा तक पहुंचने का मार्ग है।"

एक फौजी बन्दूक अपने कंधो पर उठाकर कहता है,
 "जीवन जंग का मैदान है।"

परंतु मैं कहती हूँ , "जीवन एक भूल–भूलैया है ।
 जिसका हल हम अपने–अपने
 विचारों के अनुसार ढूंढते है।"

आकांक्षा त्रिपाठी नवमी 'ए'

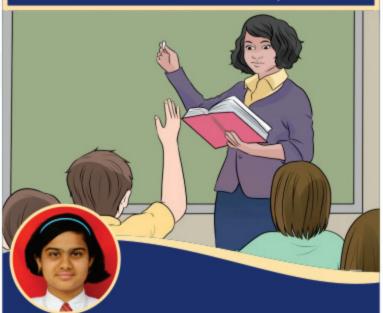
"गुरु ज्ञान देते हैं"



लोग कहते हैं, गुरु ज्ञान देते हैं | शरीर होता है, मगर प्राण देते हैं | मैं जानता हूँ कि गुरु ज्ञान देते हैं | गुरु के कारण ही लोग शिष्य को सम्मान देते हैं जीवन उजागर करने के लिए मार्ग देते हैं | व्यक्तित्व बनाने के लिए संस्कार देते हैं | जीवन होता है मगर जीने का अंदाज़ देते हैं | पंख होते हैं मगर उड़ने का अंदाज़ देते हैं | शरीर होता है, मगर प्राण देते हैं | शरीर होता है, मगर प्राण देते हैं |

अक्षत गोयल 3 'एफ'

तेरी जय हो रे अध्यापक तेरी जय हो रे विद्वान।



तेरी जय हो रे अध्यापक, तेरी जय हो रे विद्वान।। विद्या से गुरू, यश है कमाते, यश के वो साथ—साथ, जीवन भी चलाते। वे कुछ भी नहीं छुपाते तो करो उनका सम्मान।। तेरी जय हो रे अध्यापक, तेरी जय हो रे विद्वान। सब दानों में उत्तम है विद्यादान महान। तेरी जय हो रे अध्यापक, तेरी जय हो रे विद्वान।। विद्यादान से सबको रास्ता है मिलता, सोचने की शक्ति बढ़ती,समझने की क्षमता। विद्या वो पाने से ही है संभव कल्याण। तेरी जय हो रे अध्यापक, तेरी जय हो रे विद्वान।। विद्या को पाकर जब यहाँ, फूल कोई खिलता,भारत का

सब दानों में उत्तम, है विद्यादान महान।

भी नाम होता, संसार हिलता। जैसे सी. वी. रमन को नोबेल का मिला सम्मान। तेरी जय हो रे अध्यापक, तेरी जय हो रे विद्वान।। मेरी यही कामना है, सभी गुरूजनों से, बापू के इस भारत को रखदो शिक्षा से धो के।

तो इस दुनिया में, भारत का कोई कर न सके अपमान। तेरी जय हो रे अध्यापक, तेरी जय हो रे विद्वान।।

> अक्षि गौर 10 'बी'

मेरा सपना



मैंने कल एक सपना देखा, सपने में घर अपना देखा, देख-देखकर में हर्षायी. ये तो मेरी दोस्त थी आई। अब हम मिलकर खेलें खेल, धूम धड्क्का रेलम-रेल, ना कोई हमको डांट लगाये, ना कोई हमको रोके भाई। धमा चौकड़ी खूब मचाएँ, घर खेल मैदान बन जाए, मैं तो खेलूं दिन और रात, डरने की ना कोई बात। मम्मी मेरी मुझको समझाती, बार-बार वह यह बताती, पढ-लिखकर अच्छे बन जाओ, रोशन पापा का नाम कराओ।

> अनन्या धीमान 3 'बी'

कॉमेडी के मसीहा : चार्ली चैपलिन

A DAY
WITHOUT
LAUGHTER
IS A
DAY WASTED.
CHARLIE CHAPLIN



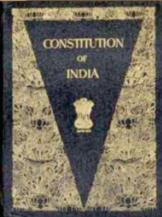
चार्ली चैपलिन का नाम दुनिया के प्रसिद्ध हास्य कलाकारों की सूची में पहले नम्बर पर आता है। इस हास्य कलाकार का जन्म 16 अप्रैल 1889 को इंग्लैंड में हुआ था। इनके माता— पिता अपने जमाने के



अच्छे गायक और स्टेज के प्रसिद्ध कलाकार थे। अपने माता पिता को ही इन्होंने अपना गुरू बनाया। एक दिन अचानक एक कार्यक्रम में इनकी माँ की तबीयत खराब होने की वजह से उनकी आवाज चली गई। उस समय चार्ली चैपलिन ने अकेले ही मंच पर जाकर अपनी कॉमेडी के दम पर सारे शो को संभाल लिया। उसके बाद इन्होंने कभी पीछे मुडकर नहीं देखा। उनकी हर अदा में कॉमेडी थी और जुमाना उनकी हर अदा का दीवाना था। लोग उनके चलने पर, उनके रोने पर, उनके गिरने पर, उनके पहनावे को देख कर, खास स्टाइल वाली मूंछों पर दिल खोल कर खिलखिलाते थे। एक सफल हास्य अभिनेता होने के साथ-साथ फिल्म निर्देशक और अमेरिकी सिनेमा के निर्माता और संगीतज्ञ भी थे। चार्ली चैपलिन मूक सिनेमा के ऑइकान माने जाते थे। इनकी कामयाबी का सबसे बडा रहस्य यही था कि इन्होंने जीवन को ही एक नाटक समझकर उसकी पूजा की जिस की वजह से खुद भी प्रसन्न रहते थे और दूसरों को भी सदा प्रसन्न रखते थे। अर्नव जैन

10 'सी'

अभिव्यक्ति की स्वतंत्रता की सीमा तय हो या न ?







मेरे अनुसार अभिव्यक्ति की स्वतंत्रता की सीमा तय नहीं होनी चाहिए । सत्यता से अपने मत को, तर्क को सबके समक्ष लाने से भला किसी को क्या आपत्ति हो सकती है। देश को सशक्त बनाने का यह एक सशक्त माध्यम है।

हमारा संविधान हमें छह मौलिक अधिकार प्रदान करता है और उनमें से एक है, अभिव्यक्ति की स्वतंत्रता। हमारा संविधान हमें यह बात स्पष्ट रूप से बताता है कि हमारी अभिव्यक्ति की स्वतंत्रता की सीमा वही समाप्त हो जाती है जब हम किसी को. किसी रूप में, आहत करते हैं।

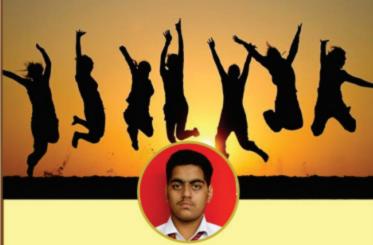
सामान्यतः कटु परंतु सच्ची अभिव्यक्ति को सदैव गलत ही मान लिया जाता है।

लोकतांत्रिक व्यवस्था में आम आदमी किसी भी अव्यवस्था, दुर्व्यवस्था, अशांति व अंकुश के विरुद्ध अपनी आवाज उठा सकता है और इससे समय रहते समाधान भी निकल आते हैं। अगर अभिव्यक्ति आडम्बर पूर्ण, तथ्य हीन तथा मिथ्या हो, तो भला जनकल्याण और न्याय कैसे सम्भव हो पाएगा? सोचिये अगर इस पर अंकुश लगाया गया तो अव्यवस्था, भ्रष्टाचार, अशांति का दानव किस प्रकार का तांडव करेगा। अगर हमें इस विनाश से बचना है तो अभिव्यक्ति पर रोक लगाना क्या उचित होगा?

और अगर फिर भी इस पर अंकुश लगाया गया तो देश को खोखला करने वाले, बेचने वाले सफेद पोशों का सच सबके सामने कैसे आ पायेगा और इतनी बातों के बावजूद अगर अभिव्यक्ति की स्वतंत्रता की सीमा तय हुई तो इससे हमारे देश को कैसे बचाना है, वह मेरी समझ से बाहर है।

> आदित्य क्षेत्री 10 'ए'

दोस्तों की दोस्ती भी क्या चीज है



दोस्तों की दोस्ती भी क्या चीज है, खट्टी मीठी ये यारी बहुत ही अज़ीज़ है। दोस्ती बिन दुनिया कुछ नहीं है यारो, हर दोस्त को यह दोस्ती बहुत ही लज़ीज़ है।

वो बारिश की मस्ती में बरसता वो शोर, वो कागज की नावों को बहाने की होर, वो हाथों में बदलती पतंगो की डोर , वो बिजली के जाने पर हो—हो का शोर, हर किसी के दिल में ये यादें बहुत ही करीब हैं, दोस्तों की दोस्ती भी क्या चीज है।

हँसाती रूलाती है दोस्ती, सताती मनाती है दोस्ती, मुस्कुराती–खिलखिलाती है दोस्ती, गुदगुदाती– गुनगुनाती है दोस्ती, हर किसी के दिल में समाया बस यही गीत है, दोस्तों की दोस्ती भी क्या चीज़ है।

> मानव लखानी 10 'डी'

हँसो और हँसाओ



ये हँसी भी चीज़ करामाती है, आती है तो आती है, नहीं आती तो नहीं आती है। आएगी तो बिना बात की बात पर आजाएगी, और जब आती है तो धुआंदार आती है।

गाल गुलाल हो जाते हैं, सारे ब्रेक फेल हो जाते हैं। कहते है कि जानवर और इंसान में यही अंतर है, कि आदमी के पास हँसी है और जानवर के पास नहीं, इसलिए मेरा यह पुख्ता यकीन है, कि जो नहीं हँसता वह जानवर समान है।

दोस्तों दरअसल ये हँसी बहुआयामी है, पूरे शरीर के लिए व्यायामी है। जो दिल खोल कर हँसते है, उनके तो हाथ, पैर, पेट, पाचनतंत्र सब की मशक्कत हो जाती है।

और जो महाशय नहीं हँसते, उन्हें कब्ज की दिक्कत हो जाती है। पर सवाल तो यही है कि कमबख्त आती है तो आती है, और नहीं आती तो नहीं आती। एक नवजात बच्चे की हँसी माँ की घुट्टी में है, बड़े बच्चे की हँसी स्कूल की छुट्टी में है, और हमारे नेताओं की हँसी सी.बी.आई की मुट्ठी में है।

ये हँसी एक चमत्कार है, पिता जी हँसे तो फटकार है, माँ हँसे तो पुचकार है, पत्नी हँसे तो पुरस्कार है, हीरा हँसे तो झंकार है, हीरोइन हँसे तो बहार है।

मत हँसना तब जब किसी के हाथ में हो छिलका, और तुम्हारे हाथ में संतरा, और तब—जब किसी डॉक्टर को बिना चश्मे के देखने में हो बाधा, और तुम्हारे शरीर में उसका इंजेक्शन हो आधा

और मत हँसना तब जब पोलिंग बूथ में बुर्के में आदमी हो या तब जब एक कन्या के छोटे से मुँह में बड़ा सा गोलगप्पा हो।

> मित्रों हँसी एक छूत का रोग है, हँसी एक सामूहिक भोग है। तुम हँसोगे तो साथ हँसेगा सारा ज़माना, रोओगे तो अकेले पड़ेगा आँसू बहाना।

> > वंशिका द्विवेदी ९ 'डी'



निष्ठुर हाथों के जुल्मों से बचा लो



पढ़ने की जब उम्र थी उसकी ,पढ़ नहीं पाया, माता – पिता निज स्वार्थ ने उसको काम पर लगाया, रह गया अंगूठा – छाप, आज करता मजदूरी, नहीं पढ़ाया उसको क्यों, थी क्या मजबूरी।

नन्हीं अंगुली ने बीड़ी के धागे बांधे, भार उठाया उम्र से ज्यादा दूखे काँधे, मंद रोशनी में बुनता था रात गलीचा। सुबह उठा मालिक का सींचा बाग – बगीचा।

रंग रासायनिक से की है उसने वस्त्र – छपाई, झूठी प्लेट उठा कर जिसने भूख मिटाई, वर्कशॉप में मार वो, जब औजार से खाता । नन्हा दिल बस सुबक – सुबकता, रो नहीं पाता।

सड़क पार करता , ले जा कर चाय केतली, जान बचा ट्रैफिक से लड़ता सड़क हर गली, ढाबे में हम जब भी जाकर खाना खाते, छोटू दे आवाज उसी से जल मंगवाते।

मेज पोंछता नन्हे हाथ जब रखते थाली, थोड़ी सी गलती पर , खाता ढेरों गाली, बाल श्रमिक पर चर्चा केवल हम सब करते, हालत उनकी देख के झूठी आहें भरते।

सोचो अपने बच्चों से भी, क्या हम ये करवाते, करवाना तो दूर, सोच कर , नयन भर आते, आँखों में छोटू के स्थान पर पुत्र को लाओ, फिर उस बालक को अपना इन्साफ दिलाओ। बाल श्रमिक निषेध दिवस है, आज मना लो निष्ठुर हाथों के जुल्मों से उन्हें बचा लो। स्वर्णिम सफलता



हमें सफलता के लिए पूरी लगन से प्रयत्न करना चाहिए । परंतु असफलता के लिए भी थोड़ी गुंजाइश रखनी चाहिए । हमेशा सफलता की आशा करना और न मिलने पर रोना—धोना अथवा निराश होना, हिम्मत हारना ठीक नहीं होता । चंद्रमा और सूरज की तरह ही यह चक्र भी चलता ही रहता है। कभी गणित में अधिक अंक मिल जाते हैं तो अगली बार विज्ञान में । इसी तरह से हमें लगातार लगन पूर्वक पढ़ाई करने की प्रेरणा मिलती है। मेहनत कभी भी बेकार नहीं जाती । अच्छे परिणाम तो देकर ही जाती है। मेहनत करने से प्रतिभा , क्षमता, सूझ-बूझ अपने आप बढ़ती है। मेहनत से पढ़ने वाले विद्यार्थी को, अध्यापकों द्वारा बताए गए तरीके से तैयारी करने पर सहज सफलता मिल जाती है। आलसी और निकम्मापन हमारी शक्ति को निर्जीव बनाकर नष्ट कर देता है। उससे ही असफलता की शुरूआत होती है। नदी और झरने से प्रेरणा लेनी चाहिए। हमेशा उनका प्रवाह बना रहता है और हम सभी को चलते रहने यानि पढने को कहता है।

मेहनत करने वाले को दुख, निराशा, अनुत्साह रोक नहीं सकता। उनके अंदर निरंतर संघर्ष करने की शक्ति होती है। धैर्य और श्रम से हर मुश्किल पार कर लेते हैं। असफलता के बीच भी सफलता के नए मार्ग निकल आते हैं।

सरदार भगत सिंह, चन्द्रशेखर आज़ाद ,जैसे क्राँतिकारी लोग बिलदान देकर हमें आजादी देकर गये हैं। और हम आज़ाद भारत में मेहनत न करें तो उन वीर शहीदों की आत्मा को कष्ट होगा । जितना आप सोने को तपाएँगे उतनी ही उसमें चमक आयेंगी । ऐसा क्यों ? क्योंकि सोने को बार बार तपाया गया है उसने कष्ट सहा है। इसी प्रकार विद्यार्थी जीवन ही नहीं पूरे जीवन में बिना आलस्य, कड़ी मेहनत, लगन द्वारा कुछ ही समय में हम सोने के जैसी सफलता—"स्वर्णिम सफलता" पा सकते हैं।

रक्षिक गोयल 8 सी

राजश्रा 10 'सी'

क्क्त नहीं है



हर खुशी है, लोगों के दामन में, पर एक हंसी के लिए वक्त नहीं, दिन रात दौड़ती दुनिया में, जिन्दगी के लिए ही वक्त नहीं।

माँ की लोरी का एहसास तो है, पर माँ को माँ कहने का वक्त नहीं, सारे रिश्तों को हम मार चुके, अब उन्हें दफनाने का भी वक्त नहीं।

सारे नाम मोबाइल में हैं, पर दोस्ती के लिए वक्त नहीं, गैरों की क्या बात करें, जनाब, जब अपनों के लिए ही वक्त नहीं।

> ऑखों में है नींद बड़ी, पर सोने का वक्त नहीं, दिल है ग़मों से भरा हुआ, पर रोने का वक्त नहीं।

पैसों की दौड़ में ऐसे दौड़े, कि थकने का भी वक्त नहीं, पराये एहसानों की क्या कद्र करें जब अपने सपनों के लिए ही वक्त नहीं।

> तू ही बता ऐ जिन्दगी, इस जिन्दगी का क्या होगा, कि हर पल मरने वालों को, जीने का भी वक्त नहीं।



मां के इतने रूप

एक गगन है एक धरती और एक जैसी है धूम। लेकिन इस दुनिया में देखों, मां के कितने सारे रूप। सबसे पहले वह नाता है, जिसने हमको जन्म दिया. ऊँगली पकडकर चलना सिखाया, सागर जितना प्यार दिया ये भी तो अपनी माँ ही हैं. जिस धरती पर जन्में हैं हम. जिस माटी में खेले-कूदे, उसका कर्ज कभी न होगा कम इस दुनिया में माँ के जैसा, कोई और न होगा दुजा इसलिए माँ की मुरत की हम सब करतें हैं पूजा।

अमिसारिका त्रिपाठी

निरंतर चुकाया कंगन का बदला



बालक की उम्र कोई आठ—दस रही होगी। नियम से वह विद्यालय पढ़ने जाता था। घर में अकेली उसकी माँ थी, जो उस पर प्यार न्योछावर करती थी। पुत्र भी पढ़ने लिखने में तेज़ था। खेल के समय खेलता, पर पढ़ने के समय का ध्यान रखता। एक दिन दरवाज़े पर किसी ने आवाज़ लगाई, तो हाथ में पुस्तक पकड़े हुए ही वह दरवाज़े तक गया और देखा कि एक बुढ़िया अपना कांपता हाथ फैलाए खड़ी थी। लड़के को देखते ही उसने कहा, 'बेटा! कुछ भीख दे दो'।

बुढ़िया के मुँह से बेटा सुनकर बच्चा भावुक हो गया और माँ से आकर कहने लगा, 'माँ! वह माताजी बहुत गरीब है और मुझे बेटा कहकर कुछ मांग रही है। उस समय घर में चीज़ भी नहीं थी। माँ ने कहा, 'बेटा! रोटी- भात तो कुछ बचा नहीं है, चावल दे दो।' पर बालक ने हठ करते हुए कहा, 'माँ! चावल से क्या होगा ? तुम जो सोने का कंगन पहने हो, वही दे दो न उस बेचारी को। मैं बडा होकर कमाकर तुम्हें कंगन बनवा दूंगा'। बेटे का मन रखते हुए उसने कंगन निकालकर उस औरत को दे दिया। कंगन पाकर वह महिला बहुत खुश हुई और चली गई। उधर वह बच्चा पढ़ लिखकर बड़ा विद्वान हुआ। एक दिन वह माँ से बोला,'माँ! तुम अपने हाथ का नाप दे दो, मै कंगन बनवा दूं।' उसे बचपन का वचन याद था। पर माता ने कहा, 'उसकी चिंता छोड़, मैं इतनी बड़ी हो गई हूँ कि अब मुझे कंगन शोभा नहीं देंगे। हाँ, गरीब बच्चों के लिए तू विद्यालय और चिकित्सालय खुलवा दे।' माँ के उस पुत्र का नाम-ईश्वरचंद विद्यासागर था।

> वसुंघरा 10 'सी'

माँ



मेरी सारी गलतियों को वो माफ़ करती है। बहुत गुस्से में होकर भी प्यार देती है।। उसके होंठो पे हमेशा दुआ होती है। ऐसा करने वाली सिर्फ, और सिर्फ, हमारी माँ होती है।

समय



खुशी पंवार 10 'सी' अभी समय है, अभी कुछ भी नहीं बिगड़ा है, देखो अभी सुयोग तुम्हारे पास खड़ा है। करना है जो काम उसी में चित्त लगा दो, अपने पर विश्वास रखो संदेह भगा दो। आएगा क्या समय, समय तो टला जा रहा, देखो जीवन व्यर्थ, तुम्हारा चला जा रहा।

उठो, वीरो की भाँति खड़े हो जाओ अब भी, कर के कुछ जग के बीच खड़े हो जाओ अभी भी। उद्योगी को कहाँ नहीं सुसमय मिल जाता, समय नष्ट कर नहीं सुख कोई भी पाता। आलस ही है करा रहा, ये सभी बहाने, जो करना हो करो अभी, कल क्या हो जाने। ऐसा सुसमय भला और कब तुम पाओगे, खोकर पीछे इसे, सदा ही पछताओगे। तो इसमें वह काम नहीं क्यों तुम कर जाओ, सुखी रहे संसार तथा तुम भी सुख पाओ।।

लक्ष्य हमें मिल जाएगा



अर्नव गोयल

नन्हा बीज यदि बो दे हम, वहीं वृक्ष बन जाएगा।
यदि चाहें हम पूरे मन से, सब कुछ हासिल हो जाएगा।
सपना जो हम देखें रात में, वह हकीकत बन जाएगा
छोटा सा एक दीप जला दें, अंधकार मिट जाएगा।
यदि हममें है सच्चा हौसला तो, सब कुछ सम्भव हो जाएगा।
यदि चाहें हम चाँद पर जाना, वो भी मुमकिन हो जाएगा।
जो सपना हम आज देखें, वो पूरा एक दिन हो जाएगा।
यदि ईंट पर ईंट रखें तो, महल खड़ा हो जाएगा।
बिना रूके हम चलते जाए तो, नया सवेरा आएगा।

लक्ष्य हमें मिल जाएगा।

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ENGLISH SECTION

Nobel Prize Winners - 2016

The Nobel Prizes are widely regarded as the most prestigious awards given for intellectual achievements in the world. Alfred Nobel earned huge wealth from his 355 inventions of which dynamite is the most famous invention. In his last Will, he specified that his wealth be used to create a series of prizes for those who contribute for the 'greatest benefit of humankind'. All Nobel Laureates of this year received their prize at a formal ceremony in Stockholm on 10th December 2016, the death anniversary of the prize founder Alfred Nobel.

NOBEL PRIZE IN PHYSICS



David J Thouless (United Kingdom)



F Duncan M Haidan (United Kingdom)



J Michael Kosterlitz (United Kingdom)

For theoretical discoveries of topological materials could bring new revolution when used innew generations of electronics, superconductor and in future quantum computers.

NOBEL PRIZE IN ECONOMIC SCIENCE



Oliver hart (USA)





For their contribution in the development of contract theory which is valuable in the understanding of real-life contract as well as possible problems in contract design. Their analysis of optimal contractual arrangements helps in designing policies in many areas, form bankruptcy legislation to companies' contracts.

NOBEL PRIZE IN CHEMISTRY



Jean Pierre Sauvage (France)



Sir J Fraser Stoddar (USA)



Bernard L Feringa (Netherlands)

For the design and production of molecular machines which will most likely be used in the development of thins such as new materials, sensors and energy storage systems.

NOBEL PRIZE FOR PEACE



Juan Manuel Santos (Colombia)

For his sincere efforts to bring the 50-year-long civil war of Colombia to an end. The civil war had killed more than 2,20,000 Colombians.

NOBEL PRIZE IN MEDICINE



Yoshinori Ohsumi (Japan)

For his discoveries of mechanisms for autophagy, a fundamental process for degrading and recycling cellular components in the cell.

NOBEL PRIZE IN LITERATURE



Bob Dylan (USA)

For having created new poetic expressions in writing songs that became anthem for the American civil rights movement.

CLEANIS BEAUTIFUL

"India shaped my mind, anchored my identity, influenced my beliefs, and made me who I am. ... India matters to me and I would like to matter to India." — Shashi Tharoor

We all moan and groan in chorus, lamenting the slow, but sure destruction of the environment, one of our favourite pastimes. It is the most tragic irony that each of us is contributing to towards the destruction. Everything is decaying by degrees. And, the villain is, none other than, 'US'. Yes, I emphatically say, we are to be blamed for the consequences of our own actions.

We claim, cleanliness is the emblem of purity of mind. But do we seriously mean it? No, we don't; it has remained a mere lip service. We are aware how exigent a necessity it is for us, but to my utter consternation, do nothing about it! We are at our 'international best' in a foreign land. But when it comes to India, the same "ME" is at my worst! Food for thought.

In this regard, our Prime Minister, Mr. Narendra Modi, has launched his Cleanliness Campaign known as the 'Swachh Bharat Mission'. His aim is to make India clean, not in bits and pieces, but, by leaps and bounds. He, alone, cannot accomplish this herculean feat. The campaign requires our joint effort.

Priyanka Bharti, now a role model for many young Indians, brought up believing the old adage, "Cleanliness is next to Godliness", is the perfect archetype of a social revolution who left her marital home the day following her marriage due to lack of proper sanitation facilities in the house. She has become a household name as she started a movement to bring about the social change for women in rural India.

When it comes to actually making a positive contribution, we lock ourselves along with our family into a cocoon and look for a title 'Mr. / Ms. Clean' without any effort. Don't we?

Let us promise India that we will make it the cleanest, and subsequently, the brightest country of the world and bring back its former glory. It's no big deal. If we join hands together, the seemingly impossible, will become achievable. CLEAN INDIA will be a foregone conclusion. Hence, to quote Mahatma Gandhi, "Be the change you want to see in the world".

Abdullah Taqi (XII D)

Tug of War— Science or Commerce

The question; Science or Commerce? Which stream is the ultimate winner in this Tug of War? – A definite conclusion is yet to be arrived at. From the space and beyond to the core of the Earth, it is Science that dominates the world, but can we have a good banking system, sound financial policies without Commerce?

While the dictionary defines Science as the intellectual and practical activity encompassing the systematic study of the structure and behaviour of the physical and natural world through observation and experiment, where as, commerce is a study of trade and business activities such as the exchange of goods and services from producer to final consumer.

In India, both Commerce and Science are studied widely. However, the scale of science is sometimes higher than that of Commerce especially since students wanting to pursue engineering and medicine after Class 12 have to opt for Science after Class 10.

No matter which industry you choose to work in, a sound understanding of Commerce is invaluable to your career prospects. From financial markets and economics to the latest management practices, studying Commerce can offer you the skills and knowledge to prepare you for a successful career. Many companies especially KPOs and BPOs prefer employees from accounts and finance backgrounds.

Studying Science equips a student with essential skills that make them employable. Students can opt for professional streams like engineering and medicine after the +2 level. A student will be at an advantage to discover and invent things that would be beneficial to the society at large. Science subjects like Biology teach us how living things work; Physics enlightens us with the working of the universe, and, Chemistry helps us with the knowledge of various chemical processes and how they can be utilized. Both branches of study have their independent importance, opting for anyone of them just depends on the talent one has.

"Everyone is a genius. But if you judge a fish on its ability to climb a tree, it will live its whole life believing that it is stupid."-Albert Einstein

Siddharth Thakur (XI D)

Indian Reseravation Policy: An Opportunity For The World.

The following speeches won the first prize in an Inter School Debate Competition held at APS-1, Roorkee, on 27th April 2016. Both the Debaters won the Best Speaker Award 'for the motion' as well as, 'against the motion'.

FOR THE MOTION



The caste based reservation, Is beyond my imagination, For the sake of vote bank, It's dividing the whole nation.

It is the murder of real talent, A huge impairment, It's causing brain-drain For which we will repent.

Good morning,

Honorable members of the Jury, distinguished guests and my worthy opponents,

I'm Ansh Gupta from Montfort School, Roorkee.

The topic of this debate is well established 'Indian Reservation Policy: an opportunity for the world'. I am here to speak for the motion. According to me, Indian reservation policy is an opportunity for the world, but not for India. My worthy opponents would support reservation. But then, reservation is one of the main reasons behind 'Brain-Drain.'

Brain-Drain or human capital flight is the migration of highly trained or qualified people from a country in search of job opportunities.

A recent survey by UNESCO reports that about 1,53,000 people from India have migrated every year in search of jobs.

Also, a study conducted by London School of Economics shows that there has been a dramatic increase of 65% in the number of Indians migrating from India from 2006. And let me make it very clear, the year 2006 was the year in which the OBC quota was raised to 27%. This proves that reservation is not only fueling brain-drain but is also weakening our education system.

The IIT, which is one of the most prestigious institutions in the world, for engineering, has brought its cut off to merely 6.3 per cent. In addition to this, in the academic year 2015-2016, IIT Roorkee expelled 73 students. Out of these, 90.4 per cent students were from the reserved category.

To prove my point further, a factory is known by the products it makes. Similarly, an institution is known by the quality of students. Had there been more deserving students in place of those 90.4 per cent students, they would surely have worked harder and performed well.

You know, there is a very famous saying in the US for Indians-"You keep the reserved and we take the deserved" And this has been proved in a report by 'Dr.Purandeshwari'

According to that report, 12% of scientists, 38% of doctors and 36% of scientists in NASA are Indians.

Yes, these are those Indians who were not given any opportunity here, those Indians whose talent was not recognized here in India but, in foreign nations.

Satya Nadella, the CEO of Microsoft, has quoted, "Indians have to migrate to foreign nations, thanks to its prevailing reservation system, and, it is in the foreign nations where these talents have been recognized. India should take no credit in the success of Sundar Pichai". Radhakrisnan, the recipient of the Nobel Prize for chemistry, also criticized the reservation policy of India.

One does not need reservation quota to prove one's mettle if one is hard working and meritious. Like Sundar Pichai, who, despite belonging to the reservation category, did not avail that opportunity. He is now the CEO of Google Inc. with his own hardwork and effort.

With the above arguments, I conclude that the reservation policy is a great hindrance in the growth and development of India.

Thank you.



Ansh Gupta (X C)

AGAINST THE MOTION

We have good soil, good seeds, proper conditions and all resources. Yes! We will plant them today and enjoy our mangoes tomorrow: the Indian Society.

Good morning all,

The topic before the house is: INDIAN RESERVATION POLICY: AN OPPORTUNITY FOR THE WORLD.

I am SAMAYIKA JAIN, speaking against the motion. I say it is an opportunity for India.

Without wasting much time, here are certain points that tell us why reservation is necessary in India.

Why do we need reservation?

1.to fight the ever-embedded caste system.

The caste system at its birth was meant to divide people on the basis of their occupation, like – teaching and preaching for Brahmins, kingship and wars for Kshatriyas, business for Vaishyas and labour for Shudras. But soon it became an instrument to create walls between different strata of society. Demarcated Education meant that none other than the Brahmins and the Kshatriyas were supposed to learn.

2.to do away with socio-economic backwardness-Reservation worked in the economic, social, and caste sectors in India, as they all are interconnected. If you are economically backward, you cannot be socially too far ahead. And the caste system makes sure that these people remain as they are; socially and economically backward. Reservation comes in two shapes to cater to this requirement; firstly, 'Reservation in Education' secondly, 'Reservation in Work'.

(a) Reservation in Education should not be questioned at all. Only what needs to be questioned should be "How much?" It is easy for an IAS officer to breed an IAS officer, but what about a Cobbler? Given some aid even he might be able to achieve what seems impossible!

And the BIG PICTURE - India becomes developed gradually.

(b)Education in work:- what needs to be done to elevate the backward class is granting them potentials to achieve a better post as a skilled personnel. The so-called nonforward caste people are nearly 70 per cent of the population but their percentage in the top management positions is not even 5 per cent. It is a shame that gross discrimination is done, in this country, against the backward classes and the voices of these people are suppressed simply because they have no say in the majority of the matters.

The 'Mandal Commission' established in India, in 1979 by the Janata Party, came up with the mandate- "Identify the socially or economically backward". The people protested, in spite of it, but it was the Supreme Court which considered it "Justified". The 'Indian diplomat and politician' Meira Kumar, who earned her degrees in English Literature and LLB, proved her mettle by becoming the 'First Woman Speaker' of the Lok Sabha. Although belonging to the reservation quota, she proved to be an asset for the society. The 'Iron Lady of India', Mayawati Prabhu Das, an efficient political leader, running a major party also belongs to the same category. It would not be out of place to say that if reservations are removed, we'll be going back a 100 years!

The debatable issue is not the existence of reservation, but its implementation. Had it not been important to introduce it in the first place, it would never have lasted so long. The majority of Indian population is illiterate and unskilled, but it does not mean it can't 'progress'.

If we wish to develop, then opportunities need to be created for everyone to develop. The key term is 'Inclusive Growth'. Let us not use Reservations to propagate the Caste System. Let us use it to eradicate it, eventually.

Everyone learns, develops and makes the country developed.

We need time, we have time. We have nothing to lose. India is not weak, it is just injured. The injuries have lasted for much long and so the remedies. All we need is to give the medicine some time to make the wounds heal. With this, I rest my case.

Thank you.

SAMAYIKA JAIN (X D)

Mother Nature

Nature is full of wonderful things,

With cows that moo

And bees that sting,

With oceans so deep,

The winds that sing:

And the birds that fly with open wings.

Mother Nature is full of glory,

Even if there isn't a single fairy

With bears so hairy

And the cats so furry

Nature is so useful; with trees so beautiful,

Nature is so helpful; with flowers gay and gleeful.



Shriyansh Goel (VI D

Music is

Music is what makes you move Music is what makes you groove Music can be good or bad Music can make you glad or sad Music can make you choose your wear Music can make you change your hair Music can make you choose new friends Music can make you want to dance Music can make you fight for right Music can make everything alright Music can take care of you when lonely Music can make every place homely Music can make you sway away Music can make you want to stay Music is the friend I always had Music is like my mom and dad Music is what keeps me alive When I feel I can't survive...



RYAN GOEL (IX B)

The Menace of Pollution in India



The modern man may be proud of the progress and advancement he is making in every sphere of life. But this, he is achieving at a great cost! The fresh air and pure water is now polluted. This is all owing to our negligence and carelessness in handling our natural resources. The increasing number of, factories and industries, is one of the main sources of all the three kinds of pollution; i.e.; water, air, sound. The industrial waste which comes out in the liquid form pollutes rivers and other water bodies, thus, making the water toxic and unfit for consumption. The smoke that comes out of the chimneys of factories makes air full of dangerous gases and consequently pollutes the air. Noises of the machines, sirens and the loud voices coming out of banquet halls etc; create sound pollution.

Countries in the west are taking the problem seriously, but in India strong measures have yet to be taken to tackle this problem. There is still a lot to be desired. The harmful effects of pollution will prove disastrous to the coming generations. However, the measures taken by Delhi State Government, to reduce the number of vehicles on roads is a great way of reducing pollution level. The 'Odd and Even' formula has proved fruitful. Why should we go far? Our very own river Ganga, aka the Ganges, an integral part of our history and cultural ethos, is a major example of various projects of checking pollution level of water. The projects ensure no industrial waste is being drained in the Ganga, not even the treated water.

In conclusion, 'No Litter Policy' at the banks of rivers in India should be implemented and executed to perfection. Thus, a campaign of this nature can be very useful to check pollution in this way.



Aryan Choudhary (VI C)

Poverty in India

India is a nation known for its past glory and rich heritage. But there's one problem which is one of the roots of all: Poverty. There is a wide gap between the rich and poor in our country. But the problem is that the majority is poor. Poverty is a social problem. Why do you think crimes happen? It is all due to poverty. If one can afford two square meals a day, why would he steal?

In our country, some people are born with a silver spoon, but most of the people are born without even a spoon! The 'rich-richer' and 'poor-poorer', has been an emerging trend in our country. Is this the fate of India? A man needs money for food, clothing, housing and some luxuries. But, man has been bitten by the insect of greed and this infection is spreading all over the country. There seems to be no end to it.

'P' for 'Poverty' and 'P' for 'Politicians', these two words are often related to each other. Though most politicians aren't poor, they act as if they work for the poor. The money meant for poor is making the rich, richer. If this world suffers an economic disaster, would the so called rich exist and the poor perish? Does everything in the world depend on how rich one is? I don't think so. Man should realise that it is only his good deeds that last forever and not his wealth.

There are some measures being taken in our country for the eradication of poverty. But they should be made more effective, and should cater to a larger section of the poor. Criteria for reservation should be the income and not the social status. Poverty eradication may seem a mammoth task, but, if the government and the rich cooperate with

each other, and with the poor as well, India's wealth will be restored. This will bridge the gap between the rich and the poor. Let's hope for a better India and a better world.

Jai Hind!



Sibibalan Jeevanandam (XI B)

Respect All

Respect your elders if they deserve;

Respect your servants who you well serve;

Respect your father for tilling the soil;

Respect your mother for her love and toil.

Respect all teachers who gave you knowledge;

Respect your friend who saved you from the ledge:

Respect all minds who advised you good;

Respect the soul who steered you away from falsehood.

Respect all strangers who were all Godsends;

Respect your foes who taught you self defence:

Respect the man who is very well read

Respect the tempter who well you misled.

Respect your conscience which tells you what's right

Respect your Creator who gave you eyesight.



Save The Green

Grow Green, think green, act green. This is the mantra of the old and teen, With proper care and calculation, We must find a solution, To all the earth's pollution, Thinking of conservation. With sincere devotion and noble intention, Each must take this firm resolution. To save the earth save the planet, And convert it into a green revolution, This is the pledge of our institution. Ever heard the trees cry? Ever saw the land so dry? Forest is our dear friend. So why cut them and bring their end? We really need to change this trend. Make everyday Earth Day, Plan well your future today. Plant trees plant green, Keep your surroundings neat and clean With sincere efforts and amendments Remember the 3 R's of environment. Reduce, reuse and recycle the waste Always follow these golden rules, Never hesitate to act promptly So, Let us pledge and act in haste.



Sumedha Dutta (V B)

A Different Perspective

What is Life?

In the mind of a philosopher, Life is but a bundle of memories, the ever-growing culmination of experience, and a labyrinth of choices.

As most of us readers here, have either approached or are getting closer to the epic-fast lane experience of the "Life of a Teenager". This article is directed to those among us who are willing to open their minds to a new perspective of looking at this everyday bustle we call - life.

As mentioned before, life is a collection of voices or specifically a labyrinth of choices. Most of us bravehearts here desperately desire freedom in our choices. But let's just take a minute to ask ourselves, what freedomin making a choice is. Our daily choices are all influenced by a variety of things like our past experiences, our beliefs, our traditions, and so on. So if our choices are influenced, no matter what we do, can this be called freedom? It is appropriate to say that freedom is never what it seems.

Freedom to one may drive him to the ends of the earth while to another it might mean to save it.

It all depends on what you derive your definition of freedom from. Is it freedom to be selfish or selfless?

Our choices aren't the only ones being influenced. They are a part of an intricate tapestry, brilliantly knit, where each choice is interwoven with another. Which choice prevails? The answer to that question is pretty simple though hard to accept, power and status. These are the two specific types of threads that alter the pattern of the tapestry.

Quite recently, my mother and I went to a frame shop. The owner welcomed us with a warm smile and gently took the broken frame that needed to be mended from my hand and set to work. As I watched him, I could feel his confidence reassure me because I knew this man of passion would set the frame back to its original glory. The look on his customer's faces justified my confidence. But five minutes later, a stern looking old man walked up, pen and diary in hand....the shopkeeper's face turned ashen, his confidence seemed to falter. He fumbled about the drawers and found a sum of three hundred rupees which he gingerly submitted to the tax collector and with that exchange the old man left and all was back to before.

If power and authority drives men of confidence to fumbling hands and quivering knees, power can also be defined as a hammer that can make or break anything. But the power of will and love also determines the outcome of a person being influenced. To some, power and love may be two extremes on a scale, but that doesn't mean that they cannot coexist. It all depends on the brilliant tapestry of choices in history and choices of tomorrow's mystery. So my dear

patient readers... I implore you, try and let your choices overflow with love, for it is you and me and the world that can make the tapestry a treasured memory or a memorable treasure.



SNEHA DANIEL (X C)

Stolen Away

Tear-brimmed eyes scan the garbage,
In search of cans and food,
The eyes that never saw the sight of
Playground or school,
The day chapped hands that only felt,
Touch of hammers and rags.
The hands that only know how to clean and scrub,
And not read and write and draw,
Instead of picking through trash,
Or weaving carpets with fingers that,



Aman Azeem (IX B)

The Countdown

The countdown is beginning at the launching pad, The astronaut's pulse is beating like mad.

Ten says the counter –

"I'd better check the dials."

Nine says the counter –

"Access all the computer files". Eight says the counter –

Were meant to hold pencils and pens,

A child with childhood stolen away......

"I can't find my key". Seven says the counter-"I'm glad, I had a cup of tea!" Six says the counter-"I must try to keep calm." Five says the counter-"Or else I'll come to harm." Four says the counter-"Oh! Eureka at last!" Three says the counter-"Now I'm ready for the blast." Two says the counter-"I'm all in a flurry." One says the counter-"It's too late now to worry." WHOOSH – they're off in a flaming hurry!!!



Manan Sachdeva (X C)

My Experience at The Governor's Award Camp 2016

From 10th August to 14th August 2016,18 Monfortians accompanied by Ms. Nirma and Deepak Sir participated in the Scout and Guide, Governor's Award camp held at Shantikunj, Haridwar.

On the morning of 10th August 2016, we were all eagerly waiting for the clock to strike 9, so that we could board our bus & reach the camp to begin the adventures which awaited us. The clock finally gave way& at 9'o clock sharp, we shook hands with honourable Bro. Principal, boarded the bus & started our journey for Shantikunj. On our first day, we received a warm welcome and then spent an hour and a half, listening to devotional music. The next day held a lot of surprises for us, we spent an hour mesmerised in soulful music, but then they started the tests, the exams on the basis of which we would get the governor's medal. Tired and worn out though we were but the day ended well. The next day again we got up at 4 in the morning, buckled up our shoes& went for exercise. The day again held a lot of tests for us, but on the brighter side, it was the day most of our tests would finally end. All of us did really fine in the tests & after lunch we went for a hike. We walked for about 7Kms back and forth in the Shantikunj campus, visiting the famous temples, parks, University, libraries & so on. At the end of the day, we were so tired that we retired to bed guite early. The next day we made tents and then sang, danced and acted the best we could in the campfire. The next day was 14th August - the day we had to come back home.

We were happy and sad at the same time. Happy because we were now going to meet our parents after so many days and sad because we were going away from this place, away from our new found friends. We said our prayers, we bid goodbye to new friends, the flag was taken down & we boarded the bus back home.

Those last minute test preparations, waking up at the crack of dawn, the room inspections, staying up late in the night to do work, getting scolded by our teacher, making tents, giving exams, that fear, that tension, that excitement, those smiles, those tears, those worries, those appreciations.....

I am really going to miss it all & I just wish that I could go back in time and live those five truly magical days again.



Maulsree Srivastava (X D)

The Tale of Truth

They have given me a name,
They call me a 'Mirror'
To some I am a dear, while to others
I am a merciless Killer,
How I show you, is never based upon
Whether I like you or not,
It is just a reflection of the powers
The Almighty has got.
You may call me Cruel
And sometimes far too Brutal,
But 'Truthful', is what I claim to be.

For in me, what you actually are,

Is what you see.

Loved by some, while hated

By the others,

We live a delicate Life, me and

My brothers,

For if you love yourself, happy are you

And happy am I,

Once angry at yourself, you strike me,

And I die.

You will surely find me, If you

Care to browse,

Mostly studded in a Beautiful

Silver Shiny frame,

While sometimes covered with so much dust

That I feel quite lame.

To be unbiased is what, the Almighty

Has taught me,

And telling the Truth, no matter

Whatever the situation be,

So, if you hate me, yourself

Is who you hate!

For I know not, how to lie,

My dear Mate!



Maulsree Srivastava (X D)

Nature - The Best Doctor

Dear Mother Nature,



Nature is the Best doctor as it gives us fresh food, water & Air which are basic needs of human beings. Mother nature has provided us with green forest,

which gives us oxygen to breathe and healthy food to eat. 90 % of all our health problems can be cured by eating healthy natural food. Mother nature provides us with water, beauty products, anticancer agents and many more. Some of Mother nature's blessings on mankind are:-

Sunlight - Vitamin D

An Animal- Cow's milk- gives us calcium and fats.

Plants- provide medicinal products such as aloevera, mint, tulsi, neem etc.

Trees-take in carbon dioxide and give out oxygen.

Nature is beautiful. Let us not destroy it. Let us make the world a better place. Nature is the best doctor;

God has given us many things. One of them is
The Beautiful Nature - Nature is beauty and
nature is life!

"Take care of Nature; it will take care of our future"

our future" Harshita Rawtani (X C)

Words Of Wisdom

Elevating Domains

Education is the most effective and powerful tool to the future generations. The aim of true education is to enable an individual to bring out the best for the development of society, nation and personal domain at large. The educational objectives and techniques have changed with the passage of time.

The knowledge of computer has become an integral part of today's life and Information Technology is a field where newer concepts are being added day to day. Thus, teaching computers is a challenging and innovative field.

I am grateful to GOD and I feel privileged to be a part of

Montfort School, Roorkee, where the best environment is provided to the students and teachers to excel in academics, as well as, other activities. It has been a matter of pride to offer my services as a teacher for such an elevated institution.



Sanjay Kumar Sapra P.G.T Computer Science

Action is the foundation key to all success

'The woods are lovely, dark and deep but I have promises to keep, and miles to go before I sleep and miles to go before I sleep...'-Robert Frost

My journey with Montfort Sr. Sec. School started in 2010. Since then there is no looking back. I climbed the staircase of learning step by step, which not only enriched my learning experience but also transformed me into an entirely different person. Now, I believe that "Action is the foundation key to all success," as quoted by Pablo Picasso.

I feel myself blessed and fortunate because I was chosen to be a part of this elite institution.

My experience in Montfort School is really phenomenal.

Montfort School requires no introduction. It has proven its mettle by achieving its principal objective i.e. 'Provision of world class Education'.

In Montfort School no compromise is ever made with the quality of education. The Institution has left no stone unturned for the grooming of its students so that they can compete at any level. This can be verified with the results and success of the students in different fields. I would like to conclude with these words-

"Yes, I am a Montfortian and will remain forever, and I am sanguine that the mission which Montfort School has taken up will definitely be accomplished and we will be able to make our mark in the field of education in the world."



Mrs. Jyoti Saxena (PRT)

Personal Odyssey of the self

"A teacher affects eternity: he can never tell where his influence stops." Henry Adams

For years, the secrets to great teaching have seemed more like alchemy than science, a mix of mumbo-jumbo and misty-eyed tales, inspiration and dedication. It's been a complete roller-coaster ride and a teaching-learning process for me.

It has helped me to climb mountains and reach to the top at last, where I felt myself content. It also taught me that art of teaching is an art of assisting discovery.

because we can teach from experience but we cannot teach experience.

As Robert Frost puts it — "I am not a teacher but an awakener." I am working in this Institution from last eight years and I learned and further tried to build a bridge between what students know and what they need to learn, as it is said that good teaching comes not from following a recipe, but from consistently putting student's need first.

At last I would sum up here by writing that this institution has always enlightened me. I assume that we can be more productive by giving our children, our youth, a sense of belonging and a desired space of knowledge where they can excel, grow and find their new selves.



Mrs. Nirupama Rai (Pre-Primary Teacher)

If not getting desired results: check your efforts

It is for us to make life happen on the lines we want it to be. You have to go on introspecting to discover whether you are achieving to your full potential. If despite your best efforts, you are still not achieving the desired results, it is a challenge for you to figure out what and how much more you need to do for changing your circumstances, You have to command your life, take control of it and decide what matters most to you. Observe and scrutinise the best practices which have made other people achieve in a big way.

If things still do not go as planned, do not blame anyone but check your strategies and approach.

Apart from this, meeting wise people, visiting library and internet are the other sources to deal with problems.

I also believe that it is not too late to start again if your first attempt has not succeeded. We have tomorrow to catch up the threads and restart our journey to our cherished ambition.



Mrs. Geeta Chaudhary
TGT

My Jowney As A Teacher

"God predetermines the path for each soul."

- Lailah Gifty Akita

My journey as a teacher began when I was just 23 years old and had just finished a diploma course in computers. I was offered the opportunity to teach at a high school. Initially I didn't realise the nobility of teaching as a profession.

My vision for teaching changed considerably only after joining Montfort school. I realized how a teacher can make a difference in the life of a child. I felt privileged for having an opportunity of shaping the future.

"The best thing about being a teacher Is that it matters,
The hardest thing about being a teacher Is that it matters every day."

Teaching as a profession is a difficult thing to do as it encompasses many roles to be done well. Attending workshops, coping with the curriculum, lesson plans and stacks of class work note books and answer sheets take all the strength. But it is a fulfilling role because I can influence and mould the future of an individual student in a major way. Now I have a whole new appreciation for the profession.

At times there are obstacles too but inspiring words of the Head of the school and co-operation from the coordinators, staff members and the spiritual aura of the school work as a driving force.

I discovered that each child is unique and capable of learning. Over the years the horizon of my outlook expanded. I started viewing teaching as an opportunity that allows us to learn at a daily basis. This is a positive benefit, we as teachers have. The words of our respected Principal Brother Jose always inspire me as he keeps reminding the teachers to be a learning teacher instead of being a learned teacher.

These things have surely inspired me to grow up throughout my life and to be a better person in all aspects of my life. I am enjoying every moment of this journey and feel blessed to be where I am today.

"If you ask me, what
I came into this
World to do, I will tell you
Without hesitation,
I was born to be a teacher."

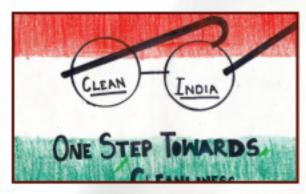


Mrs. Geeta Sahni



Impressions Expressions





Eva Daniel (7C)



Alok Pal (7B)



Aarushi (6E)



Akshita Dhiman (6E)



GeorgeChandra (8C)



Arhan Jain (7B)



Jashanjot Singh (7D)



Navya Goel (8E)



Sneha Choudhary (6E)



Udit Rathi (11A)



Sneha Choudhary (6E)